

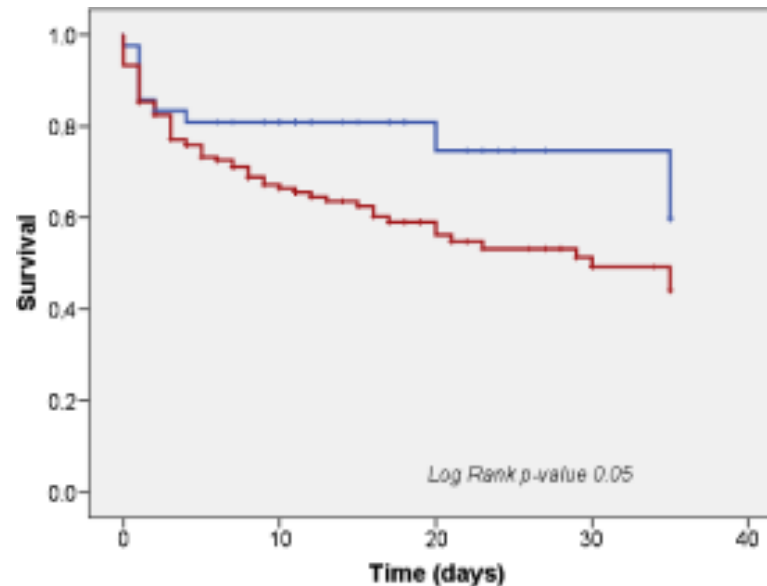
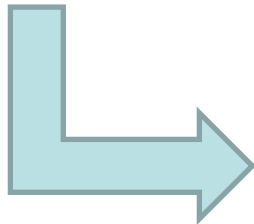
# SHOCK CARDIOGÈNIC



Paula Poveda  
Unitat Coronària

# EPIDEMIOLOGIA

- ↓ Cabal cardíac → ↓ perfusió orgànica + hipòxia
- IAM + disfunció ventricular: 80% dels casos. Incidència 5-8% dels IAM
- Alta mortalitat (40-50% post IAM)
- No gaire informació sobre altres etiologies de xoc cardiogènic

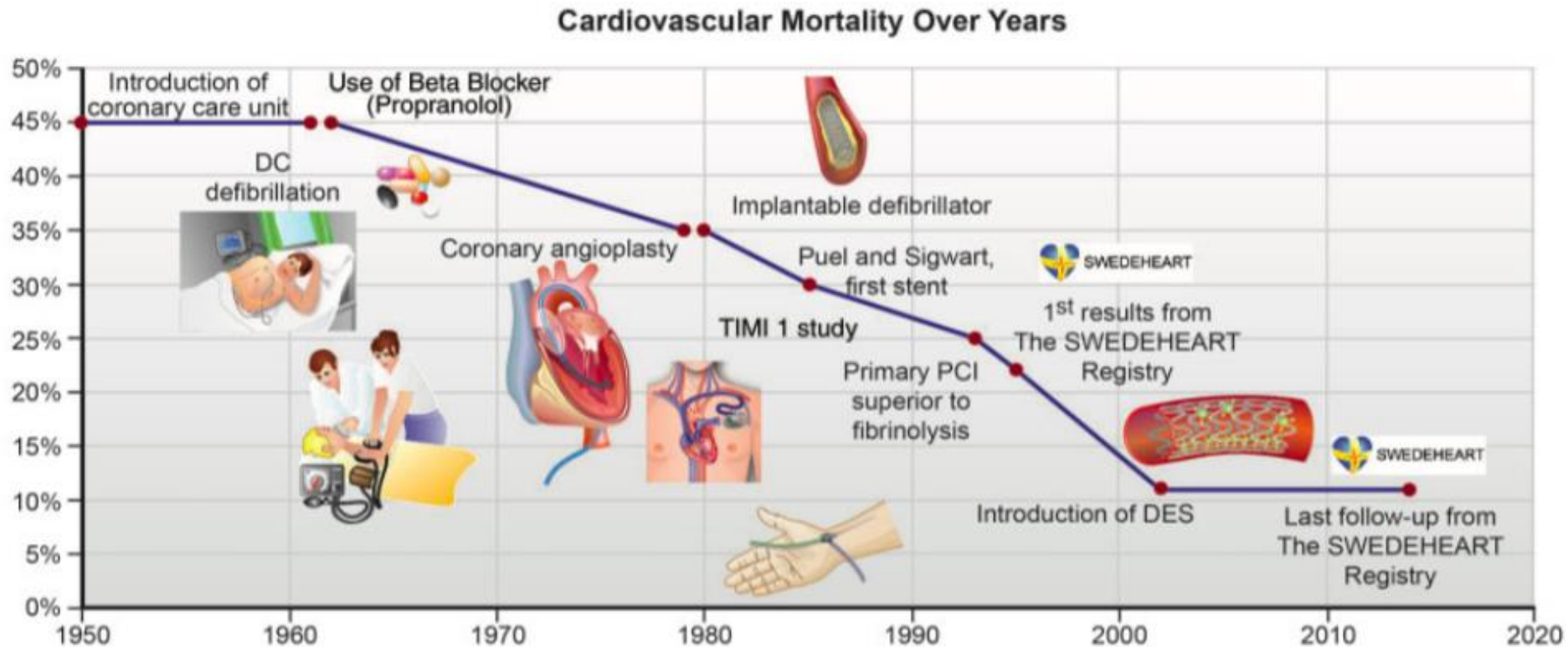


- Non ACS CS (n=42)
- ACS CS (n=177)



# EPIDEMIOLOGIA

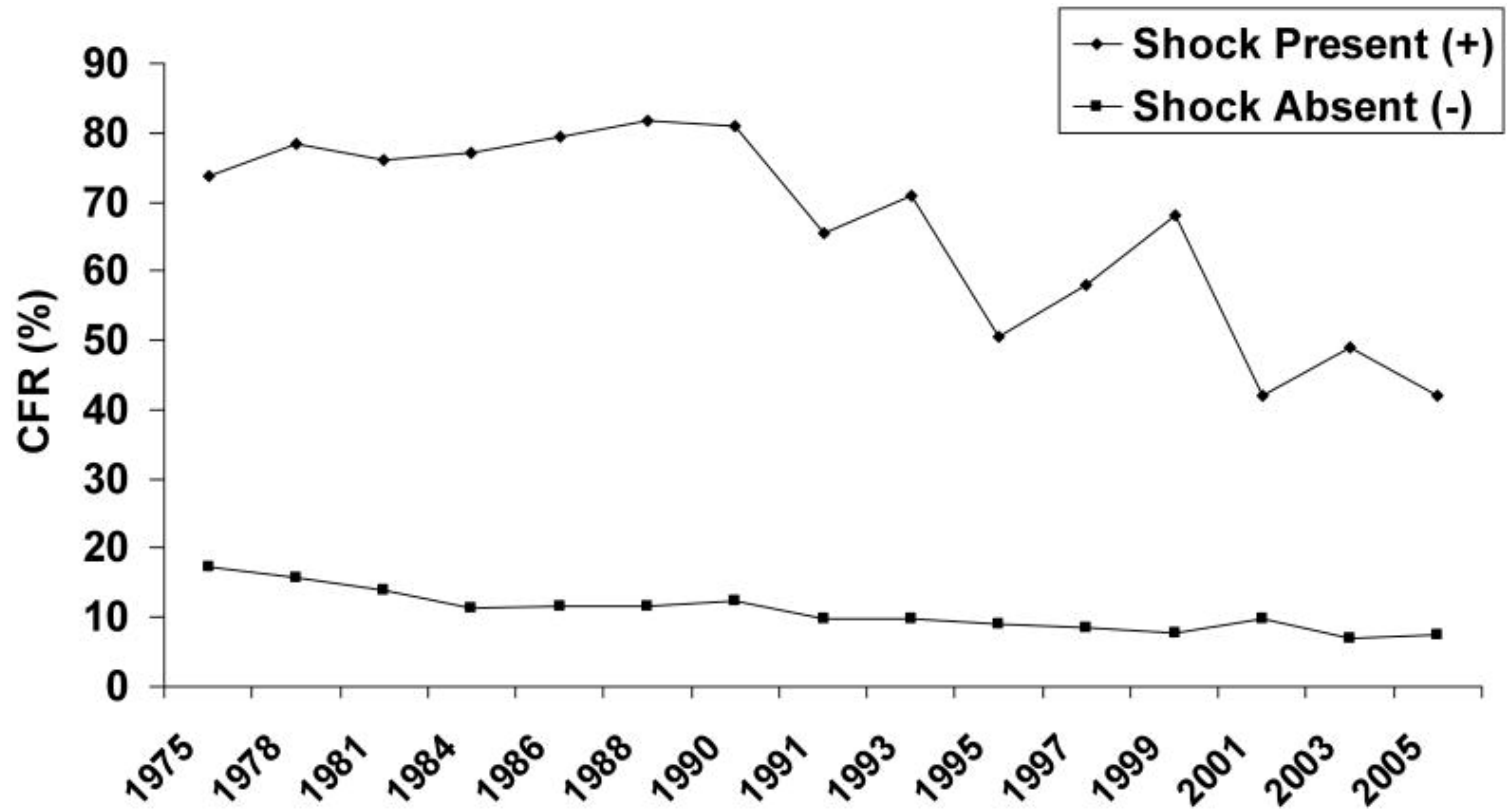
- Disminució de la mortalitat per IAM durant els últims anys



Lüscher TF and Obeid S. From Eisenhower's heart attack to modern management: a true success story! *Eur Heart J* 2017; 38(41): 3066-3069



# EPIDEMIOLOGIA



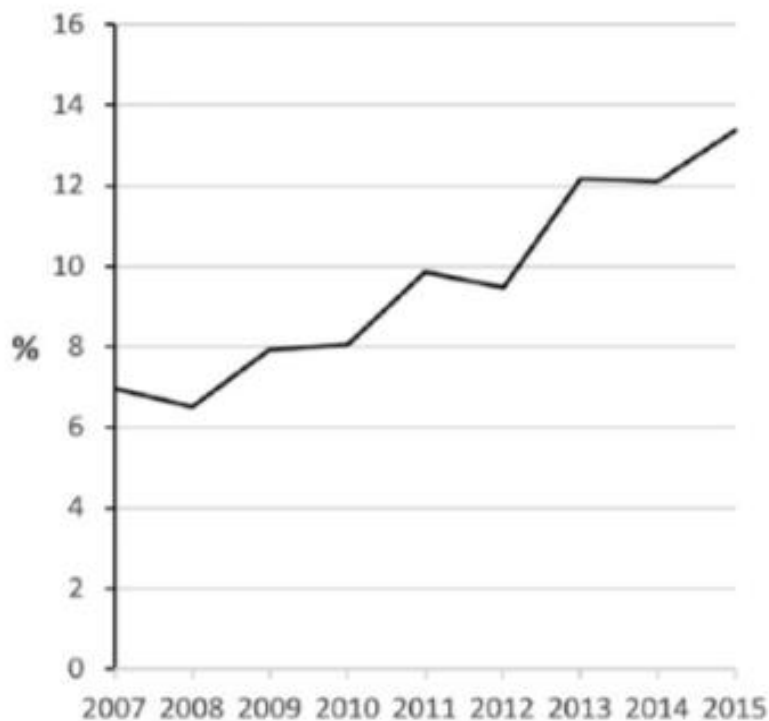
Goldberg et al. *Circulation*. 2009; 119: 1211-9



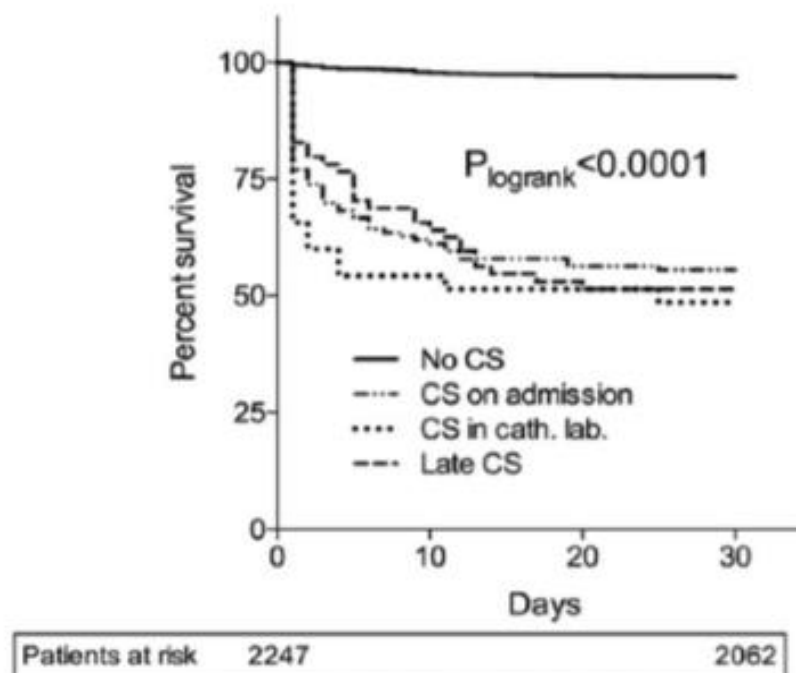
# EPIDEMIOLOGIA

- Augment de la incidència: pacients més crítics i d'edat avançada (xarxes de Codi IAM, RCP més efectiva)
- Major mortalitat 48h
- Persisteix alta mortalitat independentment del moment d'aparició

## Incidence



## Mortality



# DEFINICIÓ

- Diferent segons la font, clínica vs paràmetres hemodinàmics

Clinical Definition	SHOCK Trial <sup>9*</sup>	IABP-SHOCK II <sup>††</sup>	ESC HF Guidelines <sup>15</sup>
Cardiac disorder that results in both clinical and biochemical evidence of tissue hypoperfusion	Clinical criteria: SBP <90 mm Hg for ≥30 min OR Support to maintain SBP ≥90 mm Hg AND End-organ hypoperfusion (urine output <30 mL/h or cool extremities)  Hemodynamic criteria: CI of ≤2.2 L·min <sup>-1</sup> ·m <sup>-2</sup> AND PCWP ≥15 mm Hg	Clinical criteria: SBP <90 mm Hg for ≥30 min OR Catecholamines to maintain SBP >90 mm Hg AND Clinical pulmonary congestion AND Impaired end-organ perfusion (altered mental status, cold/clammy skin and extremities, urine output <30 mL/h, or lactate >2.0 mmol/L)	SBP <90 mm Hg with adequate volume and clinical or laboratory signs of hypoperfusion  Clinical hypoperfusion: Cold extremities, oliguria, mental confusion, dizziness, narrow pulse pressure  Laboratory hypoperfusion: Metabolic acidosis, elevated serum lactate, elevated serum creatinine

Van Diepen et al. Contemporary Management of Cardiogenic Shock. Circulation. 2017;136:00–00

- Systolic blood pressure <90 mmHg >30 min or vasopressors required to achieve ≥90 mmHg
- Pulmonary congestion or elevated LV filling pressures (e.g. PCWP >18 mmHg)
- Signs of impaired organ perfusion with at least one of the following criteria:
  - Altered mental status
  - Cold, clammy skin and extremities
  - Oliguria with urine output <30 mL/hour
  - Serum lactate >2.0 mmol/L
- Reduced cardiac index (<1.8 L/min/m<sup>2</sup> without support, and 2.0–2.2 L/min/m<sup>2</sup> with support) (optional)



# CAUSES

**Supplemental Table 1:** Etiologies of cardiogenic shock

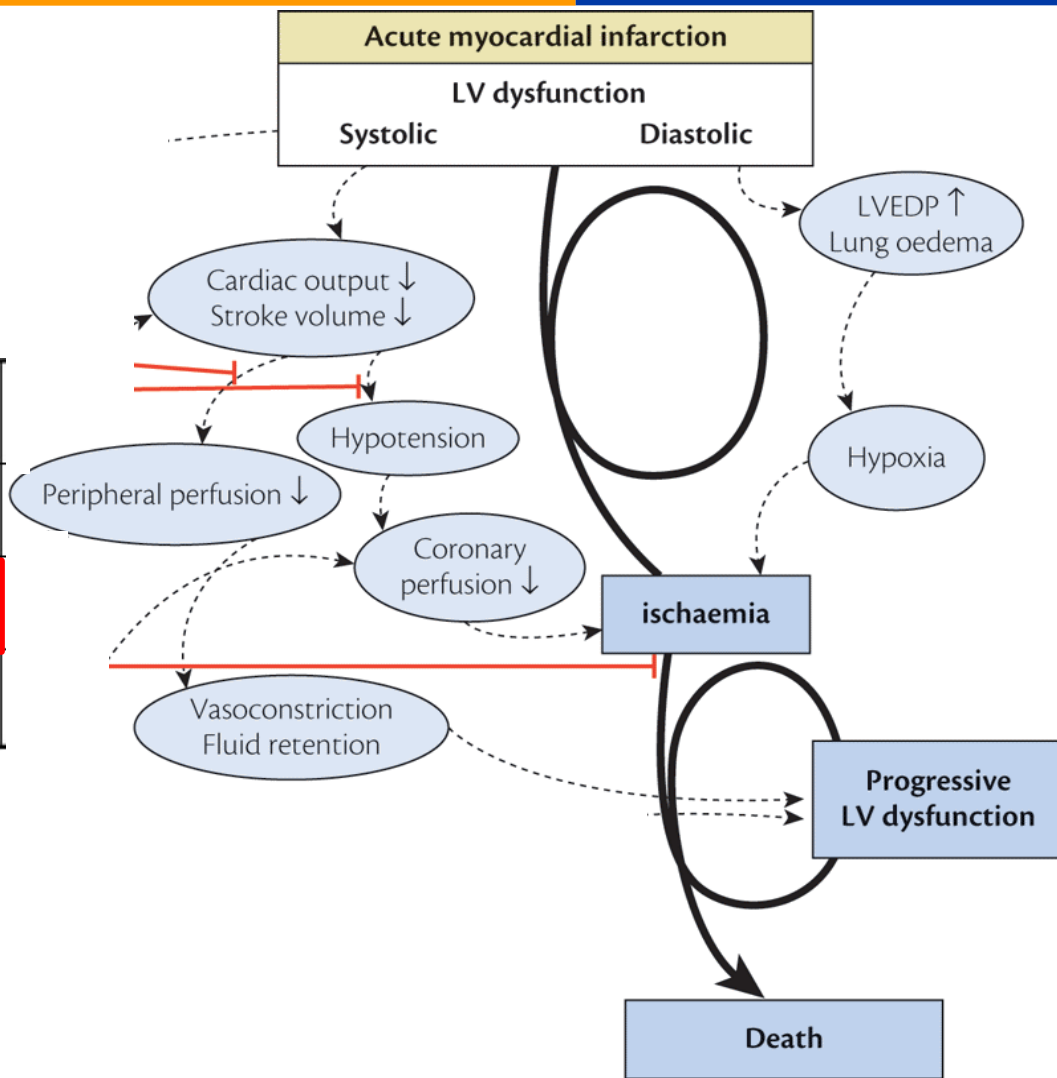
Myocardial	Valvular
<ul style="list-style-type: none"><li>I. Acute myocardial infarction<ul style="list-style-type: none"><li>a. &gt;40% loss of left ventricular mass</li><li>b. &lt;40% loss of left ventricular mass with arrhythmia or vasodilation</li><li>c. Right ventricular infarction</li><li>d. Mechanical complication<ul style="list-style-type: none"><li>i. Papillary muscle rupture</li><li>ii. Ventricular septal rupture</li><li>iii. Free wall rupture</li></ul></li></ul></li><li>II. Acute decompensated heart failure<ul style="list-style-type: none"><li>a. Chronic heart failure (established etiology) with decompensation</li><li>b. Acute heart failure first presentation<ul style="list-style-type: none"><li>i. Chronic ischemia</li><li>ii. Dilated cardiomyopathy</li><li>iii. Myocarditis</li><li>iv. Stress induced cardiomyopathy (Takotsubo)</li><li>v. Pregnancy associated heart disease<ul style="list-style-type: none"><li>- Peri-partum cardiomyopathy</li><li>- Coronary artery dissection</li></ul></li><li>vi. Endocrine disorders (hypo/hyperthyroidism, pheochromocytoma)</li></ul></li><li>III. Post-cardiotomy shock<ul style="list-style-type: none"><li>a. Prolonged cardiopulmonary bypass</li><li>b. Insufficient cardioprotection</li></ul></li><li>IV. Dynamic outflow tract obstruction</li><li>V. Post cardiac arrest stunning</li><li>VI. Myocardial depression in setting of septic shock or SIRS</li><li>VII. Myocardial contusion</li></ul></li></ul>	<ul style="list-style-type: none"><li>I. Native valve<ul style="list-style-type: none"><li>a. Stenosis</li><li>b. Acute regurgitation</li><li>c. Valvular obstruction</li></ul></li><li>II. Prosthetic valve<ul style="list-style-type: none"><li>a. Valve obstruction</li><li>b. Leaflet failure or restriction</li><li>c. Mechanical failure</li><li>d. Valve dehiscence</li></ul></li></ul>
	Electrical
	<ul style="list-style-type: none"><li>I. Atrial arrhythmia with rapid ventricular rate</li><li>II. Ventricular tachycardia</li><li>III. Bradycardia</li></ul>
	Extra-cardiac/Obstructive
	<ul style="list-style-type: none"><li>I. Cardiac tamponade</li><li>II. Constriction</li><li>III. Pulmonary embolism</li></ul>
	Other
	<ul style="list-style-type: none"><li>I. Toxidromes</li><li>II. Hypothermic myocardial depression</li></ul>





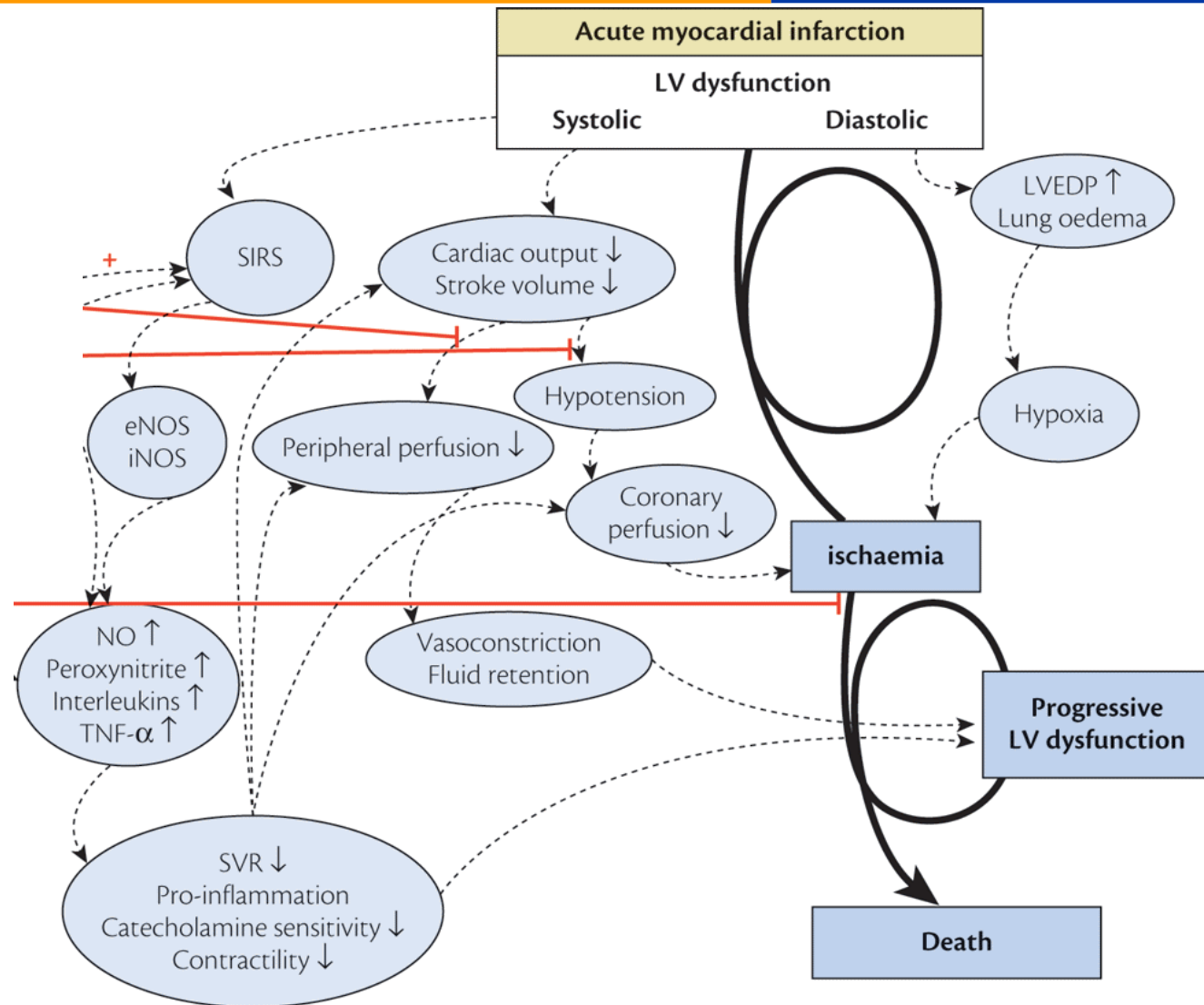
# FISIOPATOLOGIA

Red arrow indicates primary abnormality	PCWP (preload)	Cardiac Output	SVR (afterload)
Hypovolemic shock	↓	↑	↑
Cardiogenic shock	↑	↓	↑
Distributive shock (septic, neurogenic)	↓	↑	↓

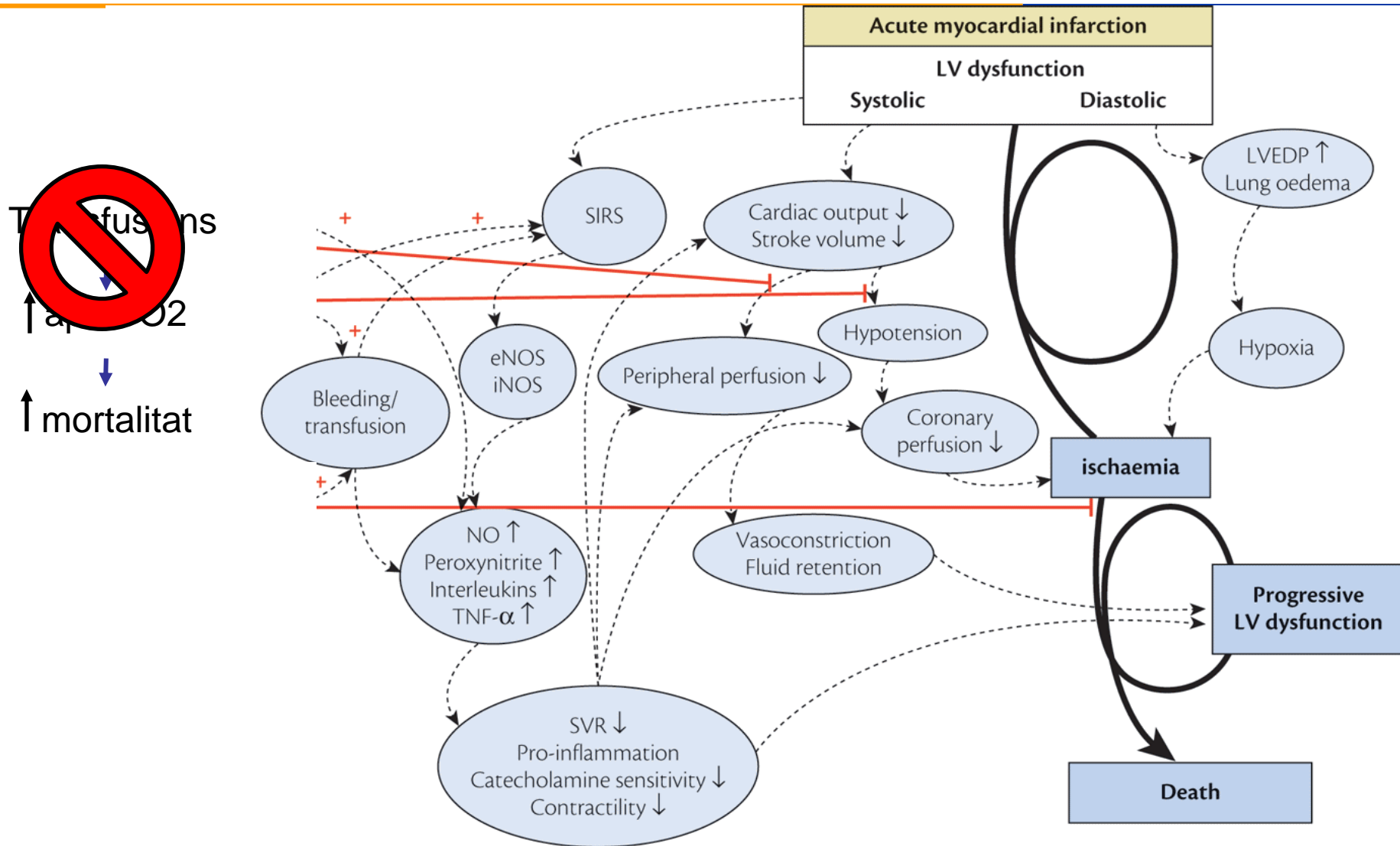




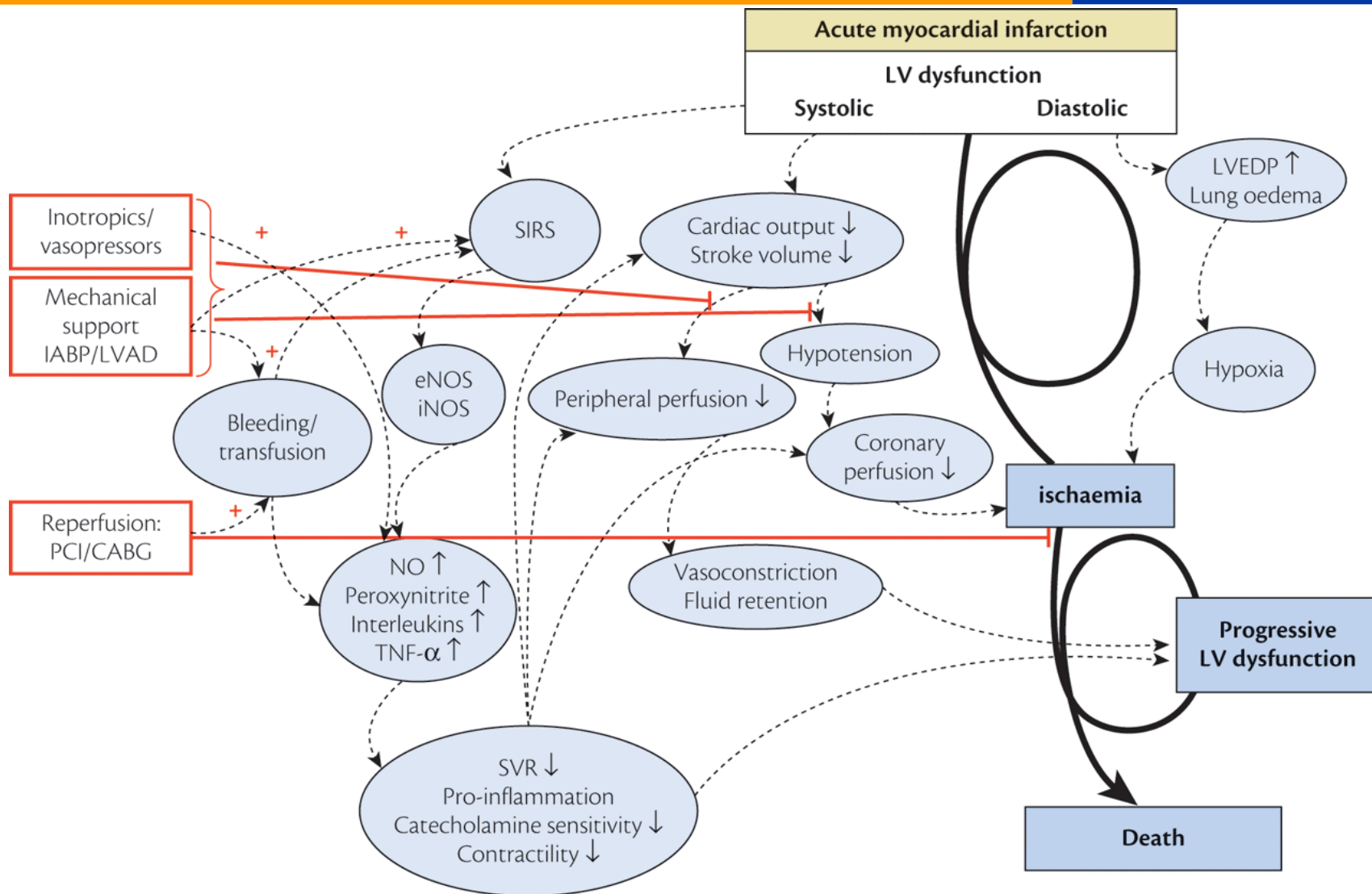
# FISIOPATOLOGIA



# FISIOPATOLOGIA



# FISIOPATOLOGIA



# PATRONS HEMODINÀMICS

		Volume Status	
		Wet	Dry
Peripheral Circulation	Cold	Classic Cardiogenic Shock (↓CI; ↑SVRI; ↑PCWP)	
	Warm	66%	



# PATRONS HEMODINÀMICS

		Volume Status	
		Wet	Dry
Peripheral Circulation	Cold	Classic Cardiogenic Shock (↓CI; ↑SVRI; ↑PCWP)	Euvolemic Cardiogenic Shock (↓CI; ↑SVRI; ↔PCWP)
	Warm	28%	

- SC normotensiu (5%): IC, PCP i FEVI =, ↑ RVS
- SC de VD (5%): IC i PCP =, ↑ FEV i PVC



# MANEIG INICIAL

- Analítica: general (funció renal, coagulació), perfil hepàtic (fetge de xoc), GSA (control O2, pH), GSV (SvO2), lactat (↑ mortalitat), TnT (necrosi miocàrdica, mismatch eco/TnT)
- Rx de tòrax (CMG, IC, DissAo, pneumotòrax)
- ECG (IAMEST, IAMSEST, TEP)
- Ecocardiograma (FEVI, etiologia)

Immediate Doppler echocardiography is indicated to assess ventricular and valvular functions, loading conditions, and to detect mechanical complications.	I	C
It is indicated that mechanical complications are treated as early as possible after discussion by the Heart Team.	I	C
Oxygen/mechanical respiratory support is indicated according to blood gases.	I	C



# MONITORITZACIÓ

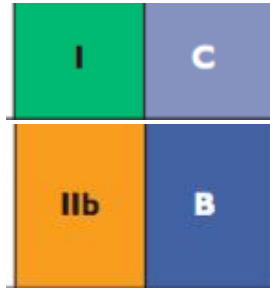
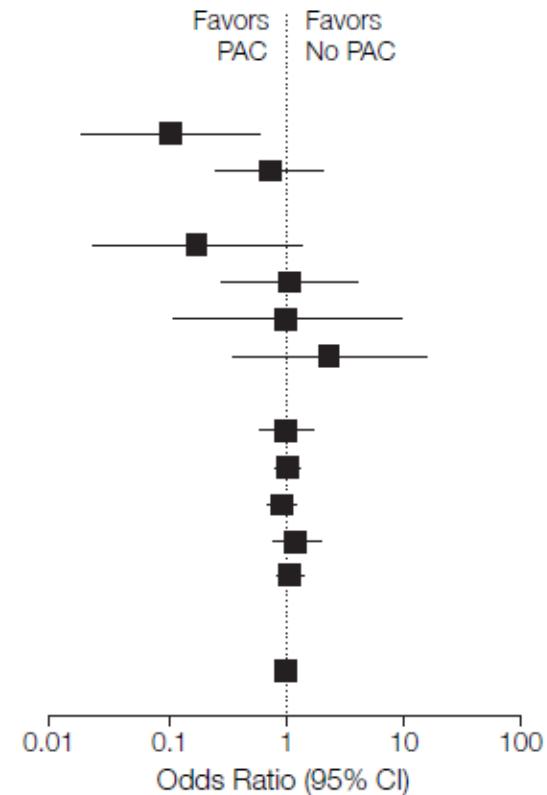
- Via arterial

**Figure 2.** Odds Ratio (PAC vs No PAC) for Mortality of RCTs Evaluating the Safety and Efficacy of the PAC

- (

Source	No. of Deaths/ Total No. of Patients		Odds Ratio (95% CI)
	PAC	No PAC	
Schultz et al, <sup>15</sup> 1985	1/35	10/35	0.11 (0.02-0.63)
Shoemaker et al, <sup>16</sup> 1988	11/58	7/30	0.76 (0.27-2.15)
Isaacson et al, <sup>17</sup> 1990	1/49	0/53	NA
Berlauk et al, <sup>18</sup> 1991	1/66	2/21	0.18 (0.02-1.42)
Guyatt, <sup>19</sup> 1991	10/16	9/17	1.10 (0.29-4.22)
Bender et al, <sup>20</sup> 1997	1/51	1/53	1.04 (0.11-9.95)
Valentine et al, <sup>21</sup> 1998	3/60	1/60	2.38 (0.35-16.29)
Bonazzi et al, <sup>22</sup> 2002	0/50	0/50	NA
Rhodes et al, <sup>23</sup> 2002	46/95	50/106	1.01 (0.58-1.76)
Sandham et al, <sup>24</sup> 2003	163/997	155/997	1.06 (0.83-1.35)
Richard et al, <sup>25</sup> 2003	199/338	208/343	0.93 (0.68-1.26)
ESCAPE, <sup>10</sup> 2005	45/215	38/218	1.25 (0.78-2.02)
Harvey et al, <sup>14</sup> 2005 (PAC-Man)	346/506	333/507	1.13 (0.87-1.47)
Combined			1.04 (0.90-1.20)

Invasive blood pressure monitoring with an



Shah MR, Hasselblad V, Stevenson LW, Binanay C, O'Connor CM, Sopko G, et al. Impact of the pulmonary artery catheter in critically ill patients. Meta-analysis of randomized clinical trials. *JAMA*. 2005; 294: 1664–70





# MONITORITZACIÓ

- Via arterial
- Via central per PVC i SvO2 (opcional)
- Catèter Swan-Ganz?
- Monitorització no invasiva per ecocardiograma?

Invasive blood pressure monitoring with an arterial line is recommended.

**I**

**C**

Haemodynamic assessment with pulmonary artery catheter may be considered for confirming diagnosis or guiding therapy.<sup>433</sup>

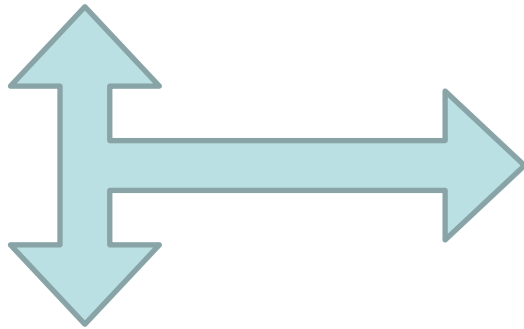
**IIb**

**B**



# TRACTAMENT – REVASCULARITZACIÓ

- Si isquèmia → Cateterisme URGENT



SHOCK TRIAL (1999)

152 revascularització precoç vs 150 tt mèdic

Sense ≠ en mortalitat a 30d

Sí ≠ als 6m, 3 a i 6 a. NNT estimat 8

PCI = CABG

66% ACTP simple vs 34% stent

## Recommendations for the management of cardiogenic shock in ST-elevation myocardial infarction

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>
Immediate PCI is indicated for patients with cardiogenic shock if coronary anatomy is suitable. If coronary anatomy is not suitable for PCI, or PCI has failed, emergency CABG is recommended. <sup>248</sup>	<b>I</b>	<b>B</b>
Fibrinolysis should be considered in patients presenting with cardiogenic shock if a primary PCI strategy is not available within 120 min from STEMI diagnosis and mechanical complications have been ruled out.	<b>IIa</b>	<b>C</b>
Complete revascularization during the index procedure should be considered in patients presenting with cardiogenic shock.	<b>IIa</b>	<b>C</b>



# TRACTAMENT – REVASCULARITZACIÓ... COMPLERTA?

## Recommendations for the management of cardiogenic shock in ST-elevation myocardial infarction

### Recommendation

Immediate PCI is indicated in patients with cardiogenic shock if it is suitable. If coronary anatomy is suitable for PCI, or PCI has failed, fibrinolysis is recommended.<sup>248</sup>

Fibrinolysis should be considered in patients presenting with cardiogenic shock if primary PCI strategy is not available within 120 min from STEMI diagnosis. If major complications have occurred, primary PCI should be considered.



Complete revascularization during the index procedure should be considered in patients presenting with cardiogenic shock.

IIa

C

Primary PCI should be limited to the culprit vessel with the exception of cardiogenic shock and persistent ischaemia after PCI of the supposed culprit lesion.

IIa

B

75, 103–105



# TRACTAMENT – REVASCULARITZACIÓ... COMPLERTA?

Consideració fisiopatològica



Millora funció ventricular i hemodinàmica

Complete revascularization during the index procedure should be considered in patients presenting with cardiogenic shock.

**IIa**

**C**

## **Multivessel versus culprit lesion only percutaneous coronary intervention in cardiogenic shock complicating acute myocardial infarction: A systematic review and meta-analysis**

**Suzanne de Waha<sup>1,2</sup>, Alexander Jobs<sup>1,2</sup>, Ingo Eitel<sup>1,2</sup>, Janine Pöss<sup>1,2</sup>, Thomas Stiermaier<sup>1,2</sup>, Roza Meyer-Saraei<sup>1,2</sup>, Georg Fuernau<sup>1,2</sup>, Uwe Zeymer<sup>3</sup>, Steffen Desch<sup>1,2</sup> and Holger Thiele<sup>1,2,4</sup>**

European Heart Journal: Acute Cardiovascular Care  
1–10

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DOI: 10.1177/2048872617719640

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# TRACTAMENT – REVASCULARITZACIÓ... COMPLERTA?

## Multivessel versus culprit lesion only percutaneous coronary intervention in cardiogenic shock complicating acute myocardial infarction: A systematic review and meta-analysis

European Heart Journal: Acute Cardiovascular Care  
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Complete revascularization during the index procedure should be considered in patients presenting with cardiogenic shock.

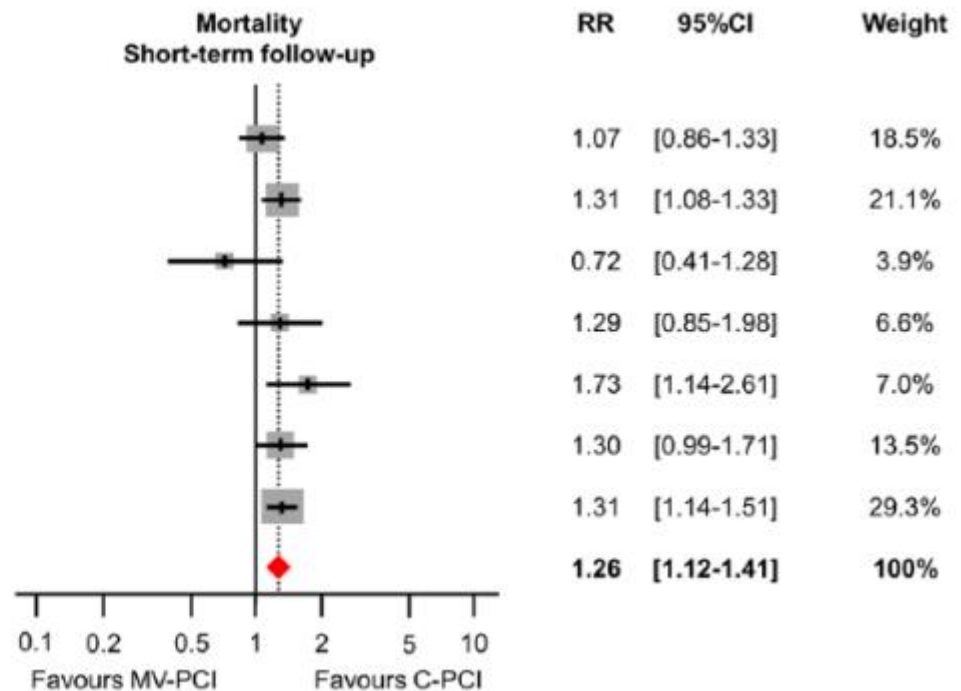
**Ila**

**C**

Suzanne de Waha<sup>1,2</sup>, Alexander Jobs<sup>1,2</sup>, Ingo Eitel<sup>1,2</sup>, Janine Pöss<sup>1,2</sup>, Thomas Stiermaier<sup>1,2</sup>, Roza Meyer-Saraei<sup>1,2</sup>, Georg Fuernau<sup>1,2</sup>, Uwe Zeymer<sup>3</sup>, Steffen Desch<sup>1,2</sup> and Holger Thiele<sup>1,2,4</sup>

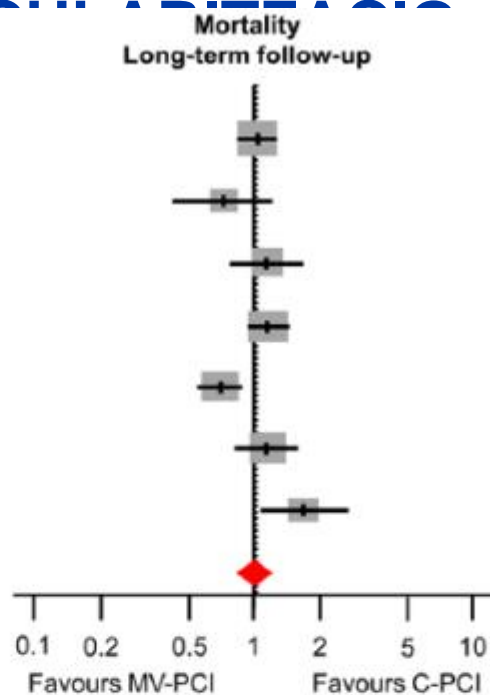
	MV-PCI		C-PCI	
	Events	Total	Events	Total
IABP-SHOCK II	75	167	119	284
ALKK	81	173	201	562
KAMIR	13	124	56	386
Yang et al.	19	60	68	278
Cavender et al.	20	43	42	156
EHS-PCI	40	82	95	254
NCDR	158	433	737	2654
<b>Overall</b>	<b>406</b>	<b>1082</b>	<b>1318</b>	<b>4574</b>

Heterogeneity:  $\tau^2=0.007$ ,  $I^2=31.0\%$ ,  $p=0.19$   
Test for overall effect:  $p=0.001$



	MV-PCI		C-PCI	
	Events	Total	Events	Total
IABP-SHOCK II	91	167	149	284
KAMIR	16	124	69	386
Yang et al.	21	60	85	278
Cavender et al.	32	43	101	156
Mylotte et al.	37	66	82	103
van der Schaaf et al.	22	37	66	124
SHOCK	7	9	26	57
<b>Overall</b>	<b>226</b>	<b>506</b>	<b>578</b>	<b>1387</b>

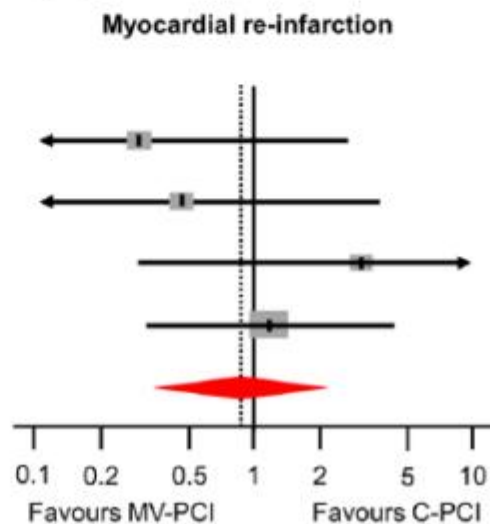
Heterogeneity:  $\tau^2=0.043$ ,  $I^2=67.8\%$ ,  $p=0.005$   
 Test for overall effect:  $p=0.77$



(b)

	MV-PCI		C-PCI	
	Events	Total	Events	Total
IABP-SHOCK II	1	92	6	162
ALKK	1	173	7	562
Mylotte et al.	2	66	1	103
EHS-PCI	3	82	8	254
<b>Overall</b>	<b>7</b>	<b>413</b>	<b>22</b>	<b>1081</b>

Heterogeneity:  $\tau^2=0$ ,  $I^2=0\%$ ,  $p=0.44$   
 Test for overall effect:  $p=0.77$





Characteristic	Culprit-Lesion-Only PCI Group (N=344)	Multivessel PCI Group (N=342)
Heart rate — beats/min		
Median	90	91
Interquartile range	73–109	72–107
Creatinine — mg/dl‡		
Median	1.17	1.20
Interquartile range	0.90–1.66	0.90–1.68
Creatinine clearance — ml/min		
Median	64	66
Interquartile range	42–95	43–93
No. of affected vessels — no./total no. (%)		
1	3/343 (0.9)	2/342 (0.6)
2	122/343 (35.6)	124/342 (36.3)
3	218/343 (63.6)	216/342 (63.2)
Vessel related to the infarction — no./total no. (%)		
Left anterior descending artery	132/343 (38.5)	156/342 (45.6)
Left circumflex artery	76/343 (22.2)	70/342 (20.5)
Right coronary artery	102/343 (29.7)	89/342 (26.0)
Left main artery	31/343 (9.0)	22/342 (6.4)
Bypass graft	2/343 (0.6)	5/342 (1.5)
≥1 Chronic total occlusion — no./total no. (%)	77/344 (22.4)	82/342 (24.0)
Left ventricular ejection fraction — %		
Median	33	30
Interquartile range	25–40	21–40

- IAM -
- Reva
- Cara

entifiable)  
pable

**Ila** **C**





# TRACTAMENT – REVASCULARITZACIÓ... COMPLERTA?

## PCI Strategies in Patients with Acute Myocardial Infarction and Cardiogenic Shock

Variable	Culprit-Lesion-Only PCI Group (N = 344)	Multivessel PCI Group (N = 342)	P Value
Arterial access — no./total no. (%)			
Femoral	287/343 (83.7)	277/342 (81.0)	0.36
Radial	61/343 (17.8)	66/342 (19.3)	0.61
Brachial	2/343 (0.6)	1/342 (0.3)	>0.99
Stent in culprit lesion — no./total no. (%)			
Any	326/343 (95.0)	324/342 (94.7)	0.86
Bare metal	20/326 (6.1)	17/324 (5.2)	0.63
Drug eluting	305/326 (93.6)	308/324 (95.1)	0.41
Bioresorbable scaffold in culprit lesion — no./total no. (%)	2/326 (0.6)	3/324 (0.9)	0.69
Aspiration thrombectomy of culprit lesion — no./total no. (%)	60/343 (17.5)	39/342 (11.4)	0.02*

Complete revascularization during the index procedure should be considered in patients presenting with cardiogenic shock.

**IIa**

**C**



# TRACTAMENT – REVASCULARITZACIÓ... COMPLERTA?

## PCI Strategies in Patients with Acute Myocardial Infarction and Cardiogenic Shock

Variable	Culprit-Lesion-Only PCI Group (N = 344)	Multivessel PCI Group (N = 342)	P Value
Immediate PCI of nonculprit lesions — no./total no. (%)	43/344 (12.5)	310/342 (90.6)	<0.001
Immediate complete revascularization achieved — no./total no. (%)	26/344 (7.6)	277/342 (81.0)	<0.001
Total dose of contrast material — ml			<0.001
Median	190	250	
Interquartile range	140–250	200–350	
Total duration of fluoroscopy — min			<0.001
Median	13	19	
Interquartile range	7–20	12–29	
Staged PCI of nonculprit lesions — no./total no. (%)	60/344 (17.4)	8/341 (2.3)	<0.001
Staged coronary-artery bypass grafting — no./total no. (%)	1/344 (0.3)	0/341	>0.99

Complete revascularization during the index procedure should be considered in patients presenting with cardiogenic shock.

**IIa**

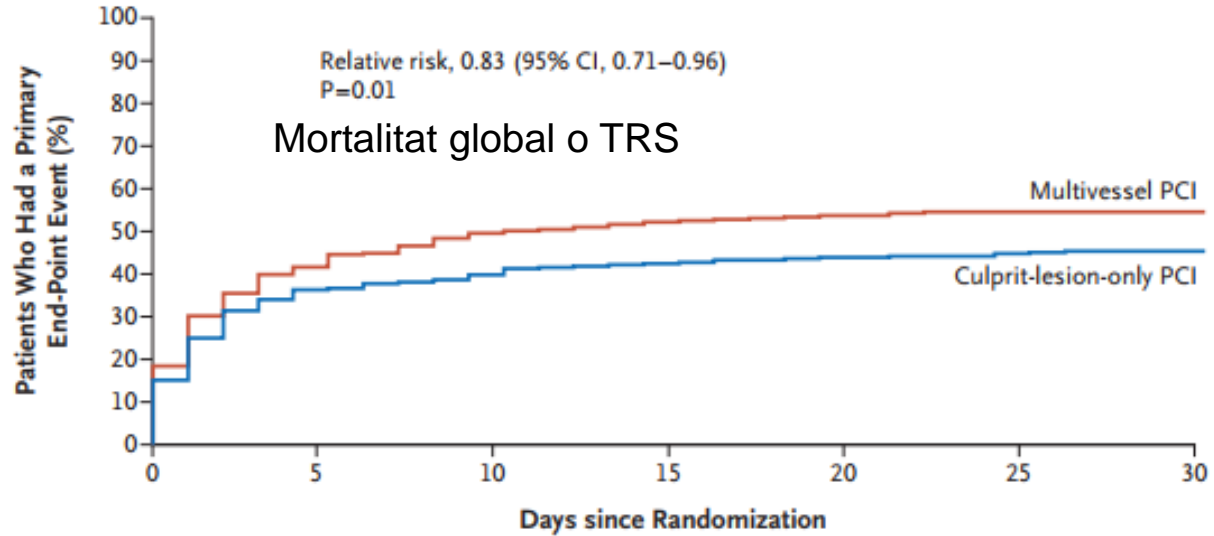
**C**



TF

RTA?

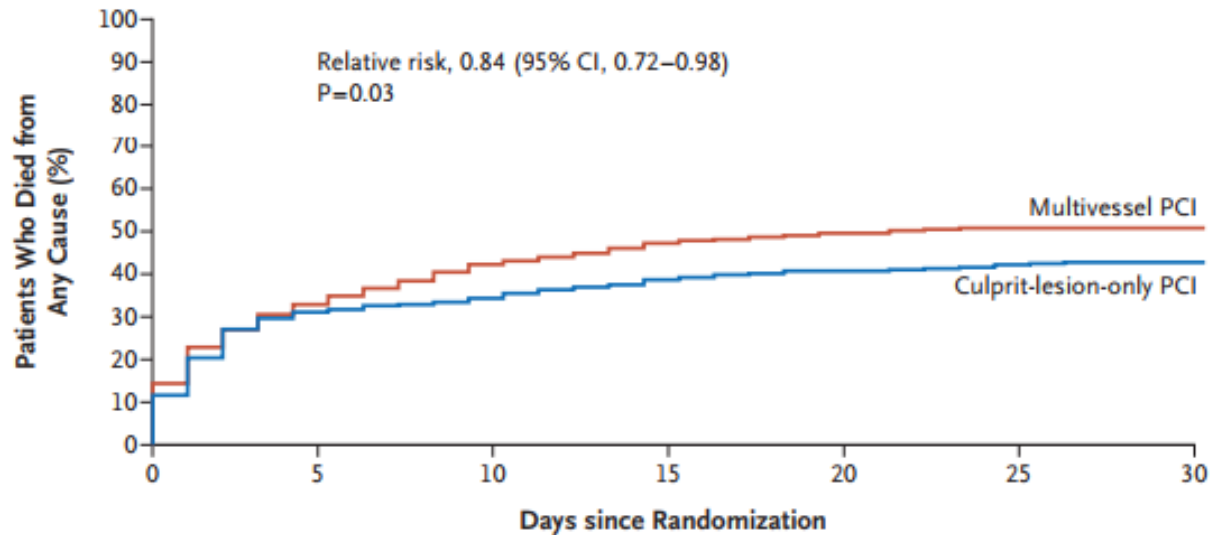
**A Composite Primary End Point**



**No. at Risk**

Multivessel PCI	341	199	172	162	156	153	152
Culprit-lesion-only PCI	344	219	207	198	192	189	184

**B Death from Any Cause**



**No. at Risk**

Multivessel PCI	341	229	197	179	170	166	165
Culprit-lesion-only PCI	344	237	226	211	203	198	193



**Table 3. Clinical Outcomes at 30 Days.**

Outcome	Culprit-Lesion-Only PCI Group (N=344)	Multivessel PCI Group (N=341)	Relative Risk (95% CI)	P Value
	<i>no./total no. (%)</i>			
Primary end point: death from any cause or renal-replacement therapy	158/344 (45.9)	189/341 (55.4)	0.83 (0.71–0.96)	0.01
Death from any cause*	149/344 (43.3)	176/341 (51.6)	0.84 (0.72–0.98)	0.03
Renal-replacement therapy	40/344 (11.6)	56/341 (16.4)	0.71 (0.49–1.03)	0.07
Indication for renal-replacement therapy				
Hyperkalemia	7/40 (17.5)	9/56 (16.1)		
Metabolic acidosis	18/40 (45.0)	20/56 (35.7)		
Uremia	13/40 (32.5)	20/56 (35.7)		
Volume overload	12/40 (30.0)	17/56 (30.4)		
Other cause	6/40 (15.0)	4/56 (7.1)		
Recurrent myocardial infarction	4/344 (1.2)	3/341 (0.9)	1.32 (0.30–5.86)	1.00
Rehospitalization for congestive heart failure	1/344 (0.3)	1/342 (0.3)	0.99 (0.10–9.50)	0.99
Death, recurrent myocardial infarction, or rehospitalization for congestive heart failure	151/344 (43.9)	179/342 (52.3)	0.84 (0.72–0.98)	0.03
Staged or urgent repeat revascularization	74/344 (21.5)	13/341 (3.8)	7.43 (3.61–15.31)	<0.001
Stroke	12/344 (3.5)	10/341 (2.9)	1.19 (0.52–2.72)	0.68
BARC type 2, 3, or 5 bleeding†				
Any	57/344 (16.6)	75/341 (22.0)	0.75 (0.55–1.03)	0.07
BARC 2	14/57 (24.6)	23/75 (30.7)		
BARC 3a	21/57 (36.8)	28/75 (37.3)		
BARC 3b	17/57 (29.8)	19/75 (25.3)		
BARC 3c	0/57	2/75 (2.7)		
BARC 5a	4/57 (7.0)	1/75 (1.3)		
BARC 5b	1/57 (1.8)	2/75 (2.7)		

A?

C

# TRACTAMENT – REVASCULARITZACIÓ... COMPLERTA?

## PCI Strategies in Patients with Acute Myocardial Infarction and Cardiogenic Shock

H. Thiele, I. Akin, M. Sandri, G. Fuernau, S. de Waha, R. Meyer-Saraei, P. Nordbeck, T. Geisler, U. Landmesser, C. Skurk, A. Fach, H. Lapp, J.J. Piek, M. Noc, T. Goslar, S.B. Felix, L.S. Maier, J. Stepinska, K. Oldroyd, P. Serpytis, G. Montalescot, O. Barthelemy, K. Huber, S. Windecker, S. Savonitto, P. Torremante, C. Vrints, S. Schneider, S. Desch, and U. Zeymer, for the CULPRIT-SHOCK Investigators\*

N Engl J Med 2017;377:2419-32

- Augment de contrast 

{	empitjorament de la funció renal (no dif signific en TRS)
	augment volum VE → efecte negatiu per funció miocàrdica
- Major durada del procediment → efecte deleteri en pacients hemodinàmicament inestables

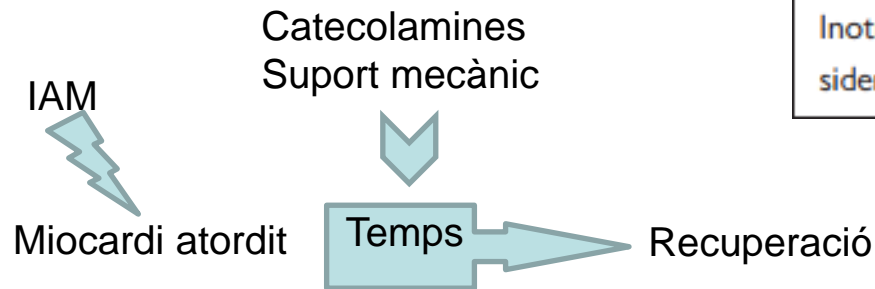
Complete revascularization during the index procedure should be considered in patients presenting with cardiogenic shock.

**IIa**

**C**



# TRACTAMENT – MÈDIC

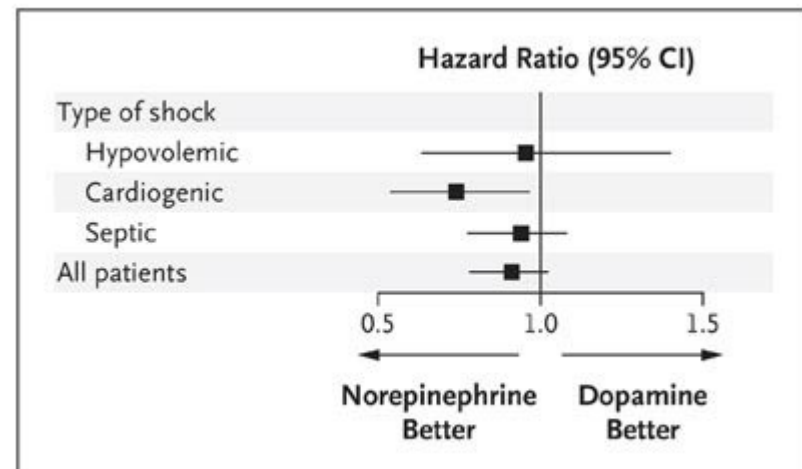


Inotropic/vasopressor agents may be considered for haemodynamic stabilization.

IIb

C

- Descartar hipovolèmia
- Objectiu tensional diferent en cada malalt (TAS >90 mmHg o PAM >65 mmHg)
- Guiar tractament inotròpics/vasopressors amb objectius clínics i analítics, menor dosi possible
- Noradrenalina o Dobutamina
- Dopamina: ↑arrítmies i mortalitat
- Levosimendan? tt BB previ. No ben definit



De Backer. Comparison of dopamine and norepinephrine in the treatment of shock. *N Engl J Med.* 2010;362:779–789.



# TRACTAMENT – MÈDIC

Cause or Presentation of CS	Vasoactive Management Considerations	Hemodynamic Rationale
Classic wet and cold	Norepinephrine or dopamine <sup>144</sup> Inotropic agent <sup>210,211*</sup>	This subtype has low CI and high SVR. Consider hemodynamic stabilization with norepinephrine (preferred in ↑HR or arrhythmias) or dopamine (↓HR preferred but associated with higher risk of arrhythmias)  Consider addition of inotropic agent when stabilized and after revascularization (MI only)
Euvolemic cold and dry	Norepinephrine or dopamine <sup>144</sup> Inotropic agent <sup>210,211</sup> Small fluid boluses	Consider hemodynamic stabilization with norepinephrine (preferred in ↑HR or arrhythmias) or dopamine (↓HR preferred but associated with higher risk of arrhythmias)  Consider addition of inotropic agent when stabilized and after revascularization (MI only)  LVEDP may be low, and patients may tolerate fluid boluses
Vasodilatory warm and wet or mixed cardiogenic and vasodilatory	Norepinephrine Consider hemodynamics-guided therapy	This subtype has low SVR
RV shock	Fluid boluses <sup>144,145</sup> Norepinephrine, dopamine, or vasopressin <sup>144,212,213</sup> Inotropic agents <sup>144*</sup> Inhaled pulmonary vasodilators <sup>214</sup>	Hemodynamic goals include maintaining preload, lowering RV afterload (PVR), treating absolute or relative bradycardias, and maintaining atrioventricular synchrony  Dopamine (↓HR preferred but associated with arrhythmia risk)  Vasopressin may raise SVR and have neutral effect on PVR  Consider adding or transitioning to inotrope after initial hemodynamic stabilization and revascularization
Dynamic LVOT obstruction	Fluid boluses <sup>215,216</sup> Phenylephrine or vasopressin <sup>215,216</sup> Avoid inotropic agents <sup>215,216</sup> Avoid vasodilating agents <sup>215,216</sup> Esmolol or amiodarone <sup>215</sup> RV pacing	Dynamic gradients may be reduced by increasing preload and afterload, reducing inotropy and ectopy, maintaining atrioventricular synchrony, and inducing ventricular dyssynchrony
Bradycardia	Chronotropic agents or Temporary pacing	Treatment should also focus on identifying and treating underlying cause of bradycardia  Chronotropic agents may include atropine, isoproterenol, dopamine, dobutamine, and epinephrine



# TRACTAMENT – ALTRES

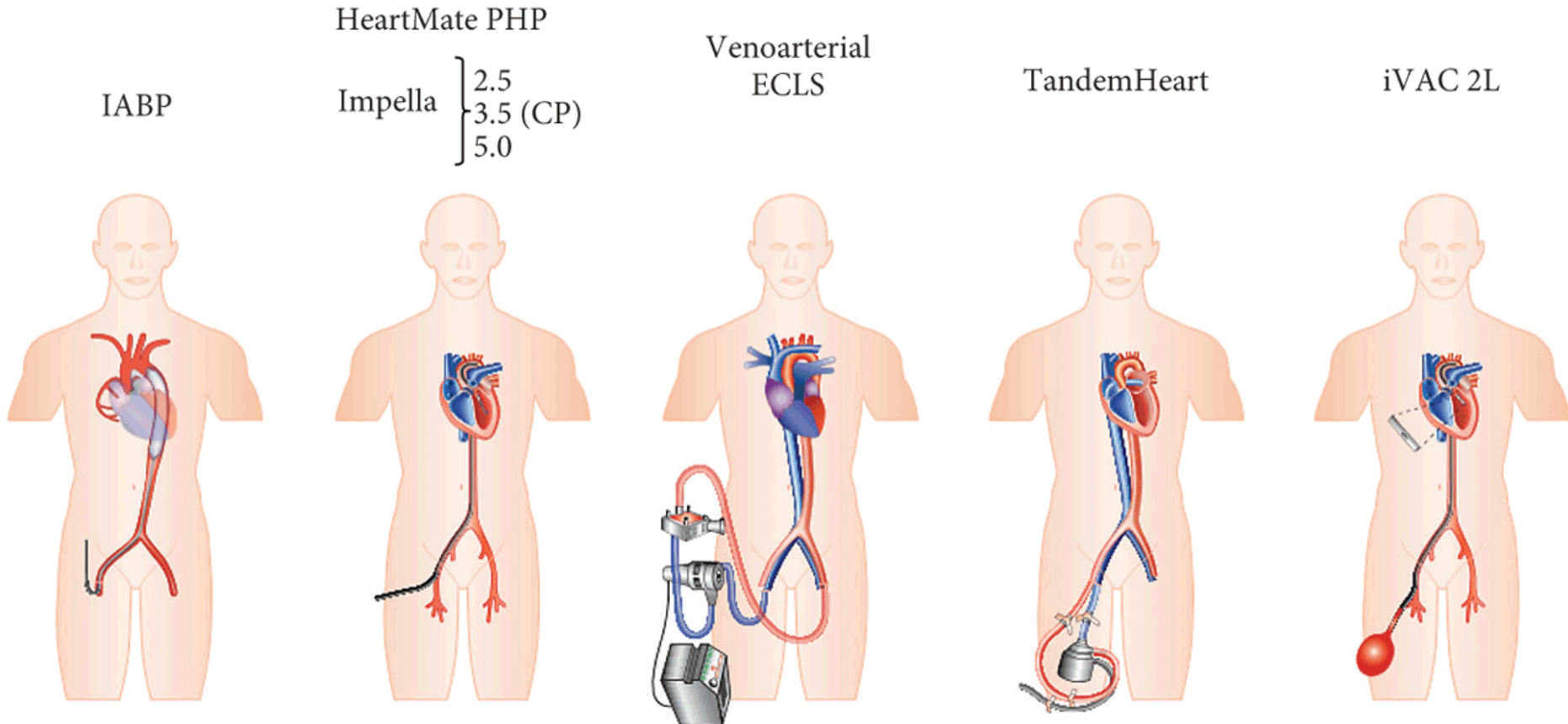
- Control glucèmic (evitar hipoglicèmies)
- Maneig general VM, profilaxi tromboembòlia, úlceres GI, úlceres cutànies,...
- Hipotèrmia
- Ultrafiltració
- Hemofiltració
- Suport mecànic
- Transplant

Ultrafiltration may be considered for patients with refractory congestion, who failed to respond to diuretic-based strategies.<sup>434–436</sup>



# TRACTAMENT – SUPORT MECÀNIC

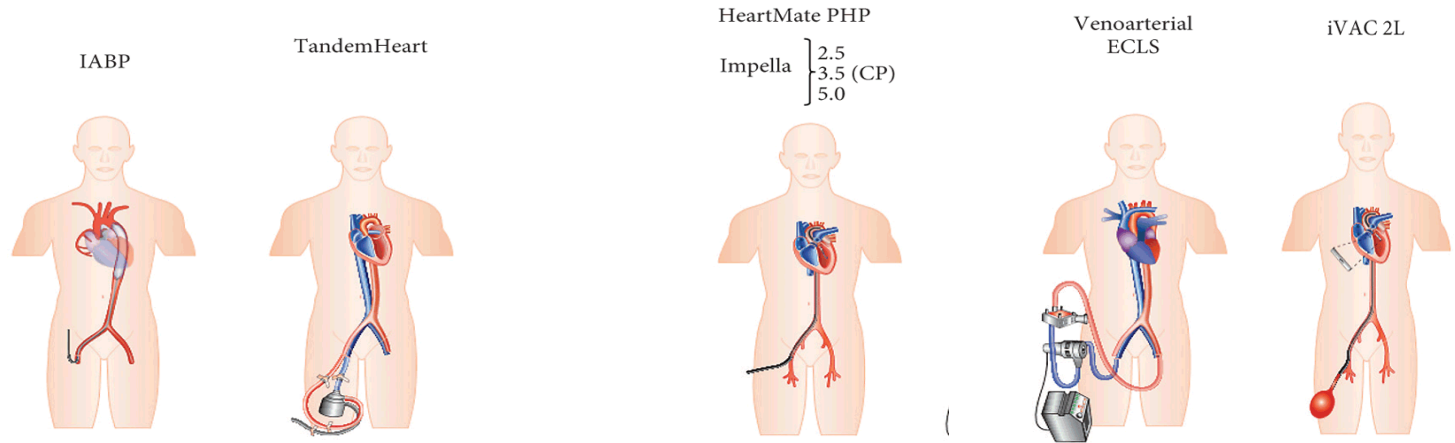
- Xoc cardiogènic refractari a tractament inotròpic i revascularització



Thiele H, Zeymer U. Cardiogenic shock in patients with acute coronary syndromes. En Tubaro M, Vranckx P, Price S, Vrints C. The ESC Textbook of Intensive and Acute Cardiovascular Care. 2n Ed. Online



# TRACTAMENT – SUPORT MECÀNIC



	IABP	TandemHeart	Impella 2.5	Impella CP	ECM	iVAC 2L <sup>®</sup>
Pump mechanism	Pneumatic	Centrifugal	Axial flow	Axial flow	CentCatheter size (F)	11 (expandable)
Cannula size (French)	7–9	21 inflow, 15–17 outflow	13	14	18–2	Cannula size (F) 17
Haemodynamic support (l/min)	0,5	Max 4.0	Max. 2.5	Max. 3.7–4.0	Max.	Flow (L/min) Max 2.8
Pump speed (rpm)	0	Max. 7500	Max. 51,000	Max. 51,000	Max.	Pulsatile, 40 mL/beat
Implantation time	+	++++	++	++	++	Percutaneous (femoral artery)
Risk of limb ischaemia	+	+++	++	++	+++	Insertion/ Placement
Anticoagulation	+	+++	+	+	+++	
Haemolysis	+	++	++	++	++	
Post-implantation management complexity	+	++++	++	++	+++	LV unloading +
						Anticoagulation +
						Recommended duration of use –21 days
						CE-certification +
						FDA –
						Relative costs ++

Van Herck. Management of cardiogenic shock complicating acute myocardial infarction. Eur Heart J Acute Cardi Jun;4(3):278-97

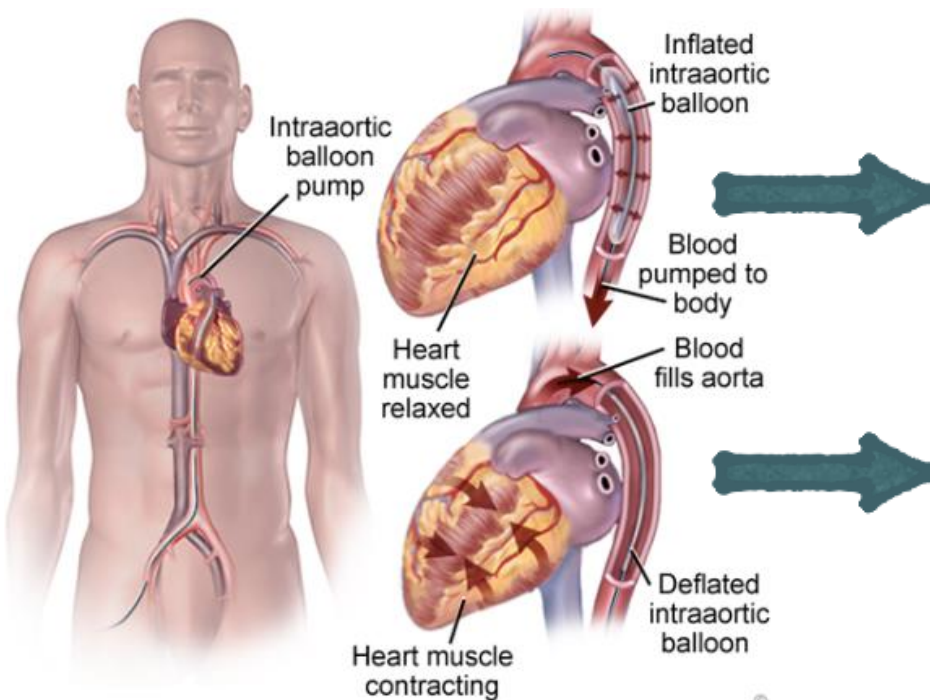
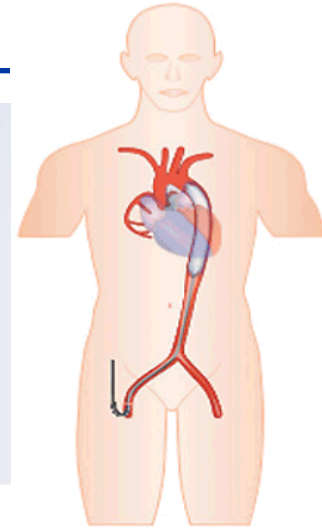
Thiele H. Management of cardiogenic shock. Eur Heart J. 2015 May 21;36(20):1223-30.

# TRACTAMENT – SUPORT MECÀNIC - IABP



1961  
Prototip

1971  
1r estudi 30  
malalts



↑ circulació coronària i  
esplàcnica

↑ FE i CC  
↓ Consum O<sub>2</sub> miocàrdic



# TRACTAMENT – SUPORT MECÀNIC - IABP

## Intraaortic Balloon Support for Cardiogenic Shock

Holger Thiele, M.D., Uwe Zeymer, M.D., Franz-Josef Neumann, M.D., Michael Böhm, M.D., Andreas Thiele, M.D., Marc Tenenbaum, M.D., Marcus Hennersdorf, M.D., Klaus Empen, M.D., Georg Fuernau, M.D., et al. (2019). *N Engl J Med*

Intra-aortic balloon pumping should be considered in patients with haemodynamic instability/cardiogenic shock due to mechanical complications.

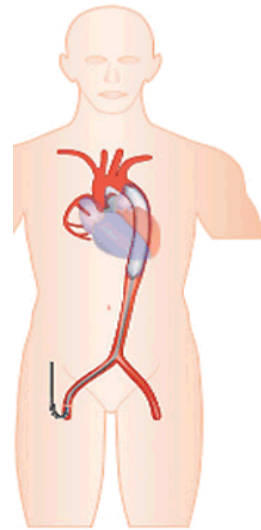
**IIa** **C**

Short-term mechanical support<sup>f</sup> may be considered in patients in refractory shock.

**IIb** **C**

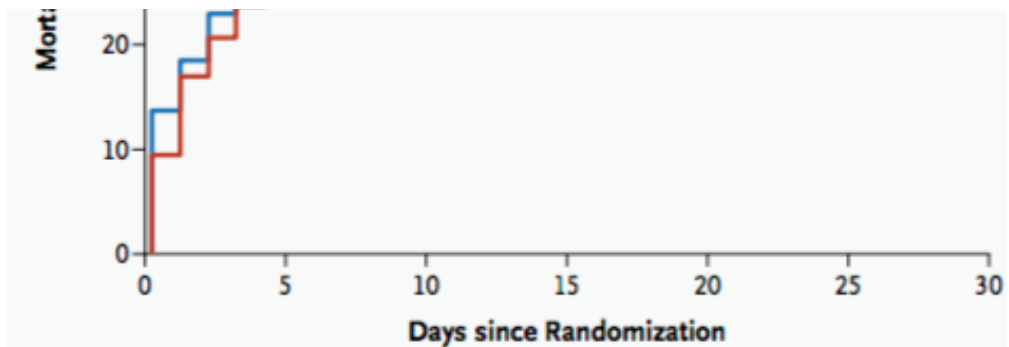
Routine intra-aortic balloon pumping is not indicated.<sup>177,437</sup>

**III** **B**



- BCPAo vs tt mèdic òptim en I
- No diferències en lactat, FR, PCR, sepsis, iclus ni sangrat

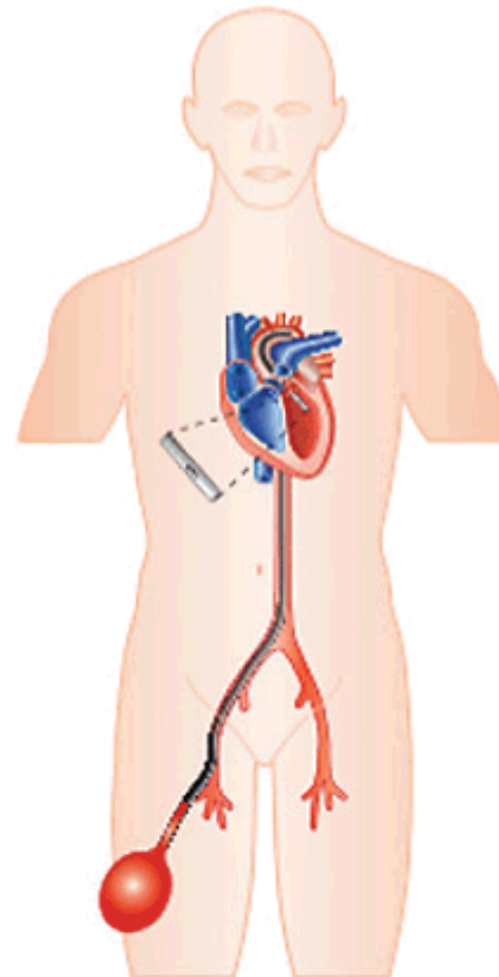
		IABP	Control	Relative risk (95% CI)	p value
30-day mortality	Total	119/300 (39.7%)	123/298 (41.3%)	0.96 (0.79-1.17)	0.69
30-day events	Reinfarction	9/300 (3.0%)	4/298 (1.3%)	2.24 (0.70-7.18)	0.16
	Stroke	2/300 (0.7%)	5/298 (1.7%)	0.40 (0.08-2.03)	0.28
12-month mortality	Total	155/299 (52%)	152/296 (51%)	1.01 (0.86-1.18)	0.91
	Cardiac cause	150/299 (50%)	148/296 (51%)	1.00 (0.85-1.18)	0.97
	Non-cardiac cause	5/299 (2%)	4/296 (1%)	1.23 (0.34-4.56)	1.00



# TRACTAMENT – SUPORT MEC

	iVAC 2L®	Tandem Heart™	Impella® 5.0	Impe
Catheter size (F)	11 (expandable)	–	9	9
Cannula size (F)	17	21 venous 12–19 arterial	21	12
Flow (L/min)	Max. 2.8	Max. 4.0	Max. 5.0	Max.
Pump speed (rpm)	Pulsatile, 40 ml/beat	Max. 7500	Max. 33 000	Max.
Insertion/Placement	Percutaneous (femoral artery)	Percutaneous (femoral artery + vein for left atrium)	Peripheral surgical (femoral artery)	Percu (femc artery)
LV unloading	+	++	++	+
Anticoagulation	+	+	+	+
Recommended duration of use	–21 days	–4 days	10 days	10 da
CE-certification	+	+	+	+
FDA	–	+	+	+
Relative costs	++	+++++	++++	+++

iVAC 2L



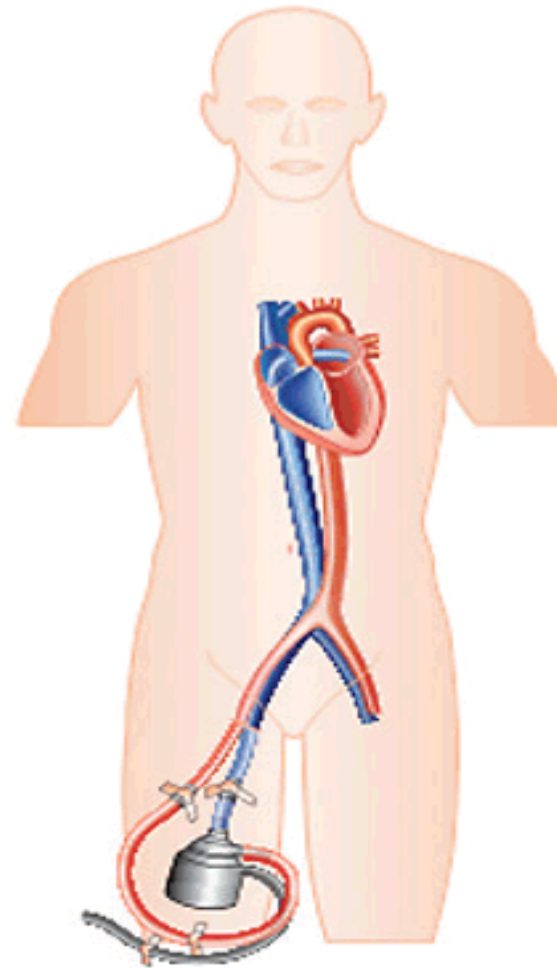
ECLS (multiple systems)
–
17–21 venous 16–19 arterial
Max. 7.0
Max. 5000
Percutaneous (femoral artery + vein)
–
+
–7 days
+
+
+(+)



# TRACTAMENT – SUPORT MEC

	iVAC 2L®	Tandem Heart™	Impella® 5.0	Im
Catheter size (F)	11 (expandable)	–	9	9
Cannula size (F)	17	21 venous 12–19 arterial	21	12
Flow (L/min)	Max. 2.8	Max. 4.0	Max. 5.0	Ma
Pump speed (rpm)	Pulsatile, 40 ml/beat	Max. 7500	Max. 33 000	Ma
Insertion/Placement	Percutaneous (femoral artery)	Percutaneous (femoral artery + vein for left atrium)	Peripheral surgical (femoral artery)	Pe (fe ar)
LV unloading	+	++	++	+
Anticoagulation	+	+	+	+
Recommended duration of use	–21 days	–4 days	10 days	10
CE-certification	+	+	+	+
FDA	–	+	+	+
Relative costs	++	+++++	++++	++

## TandemHeart



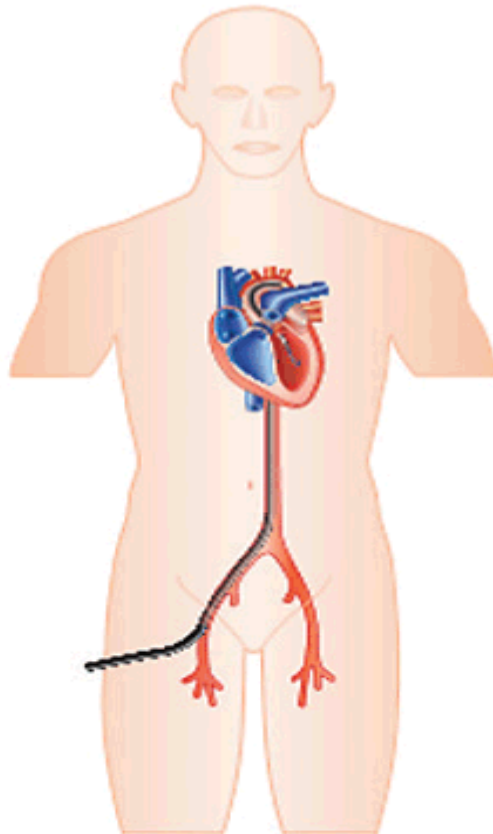
Multiple items)
21 venous 12–19 arterial
c. 7.0
c. 5000
cutaneous femoral artery + vein)
days
)



# TRACTAMENT – SUPORT MECÀNIC PERCUTANI

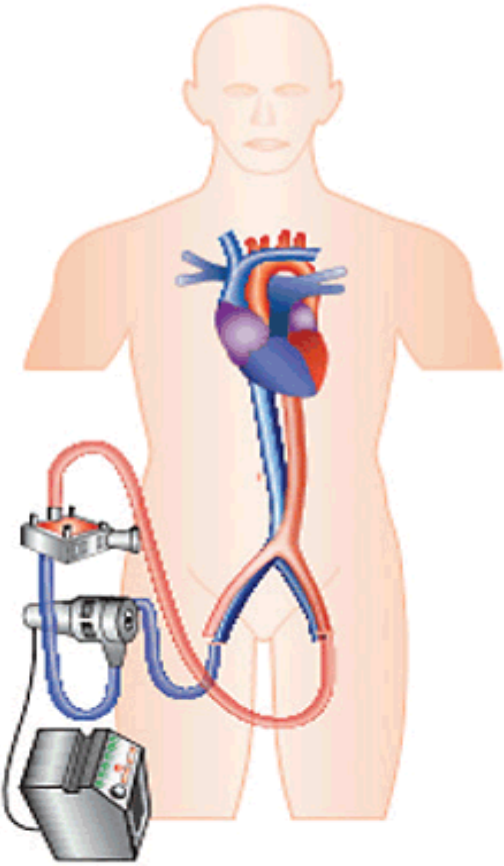
HeartMate PHP

Impella } 2.5  
          } 3.5 (CP)  
          } 5.0

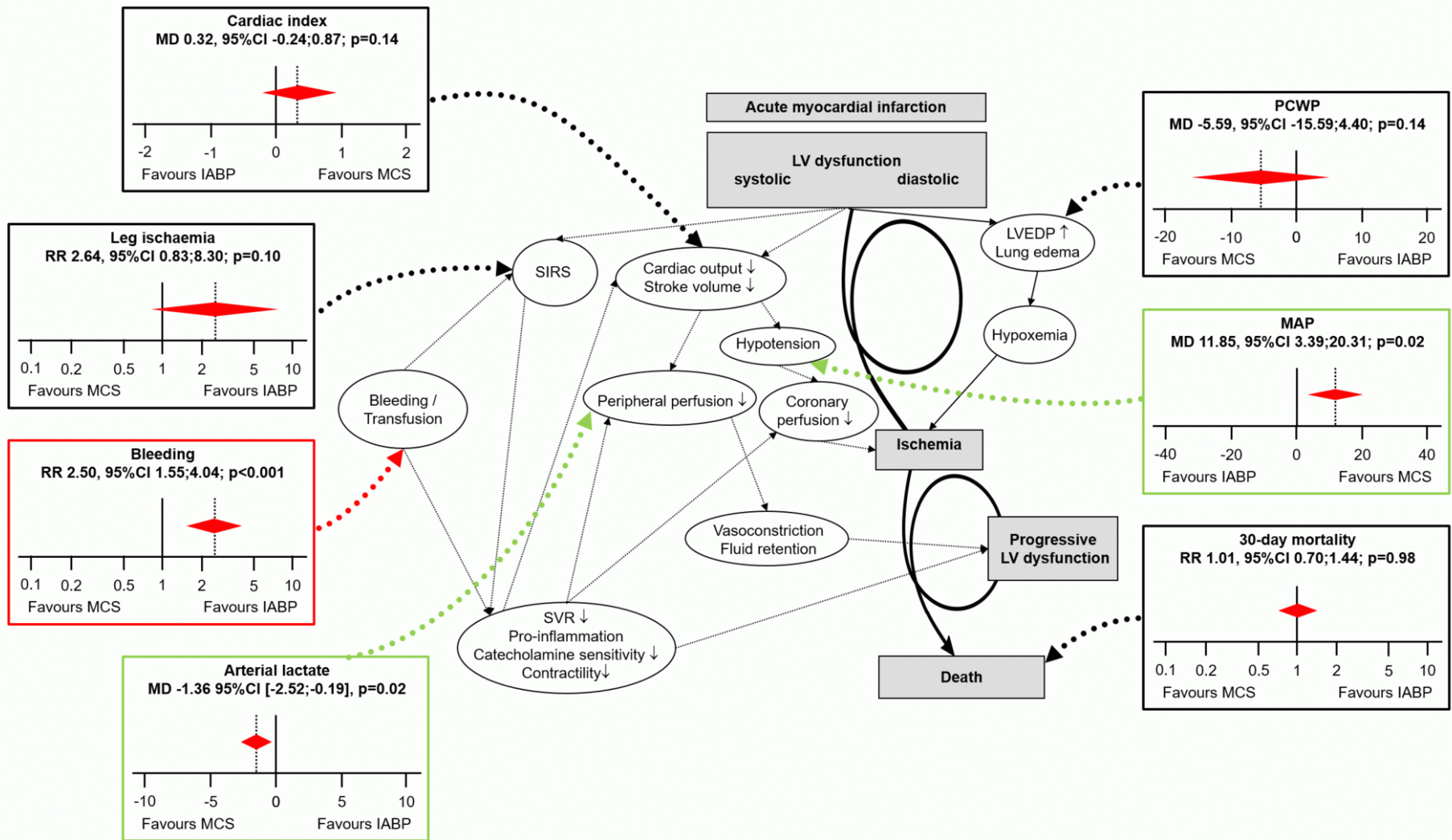


	iVAC 2L®	Tandem Heart™	Impella® 5.0	Impella® 2.5	Impella® CP	Heartmate PHP	ECLS (multiple systems)
			9	9	9	14	–
			21	12		13	17–21 venous 16–19 arterial
			Max. 5.0	Max. 2.5	3.7 – 4.0	>4.0 (Max. > 5.0)	Max. 7.0
			Max. 33 000	Max. 51 000	Max. 51 000	Max. 20 500	Max. 5000
			Peripheral surgical (femoral artery)	Percutaneous (femoral artery)	Percutaneous (femoral artery)	Percutaneous (femoral artery)	Percutaneous (femoral artery + vein)
			++	+	+	++	–
			+	+	+	+	+
			10 days	10 days	10 days	6 hours	–7 days
			+	+	+	+	+
			+	+	+	–	+
			++++	+++	++++	++++	+(+)

# TRACTAMENT – SUPORT MECÀNIC PERCUTANI

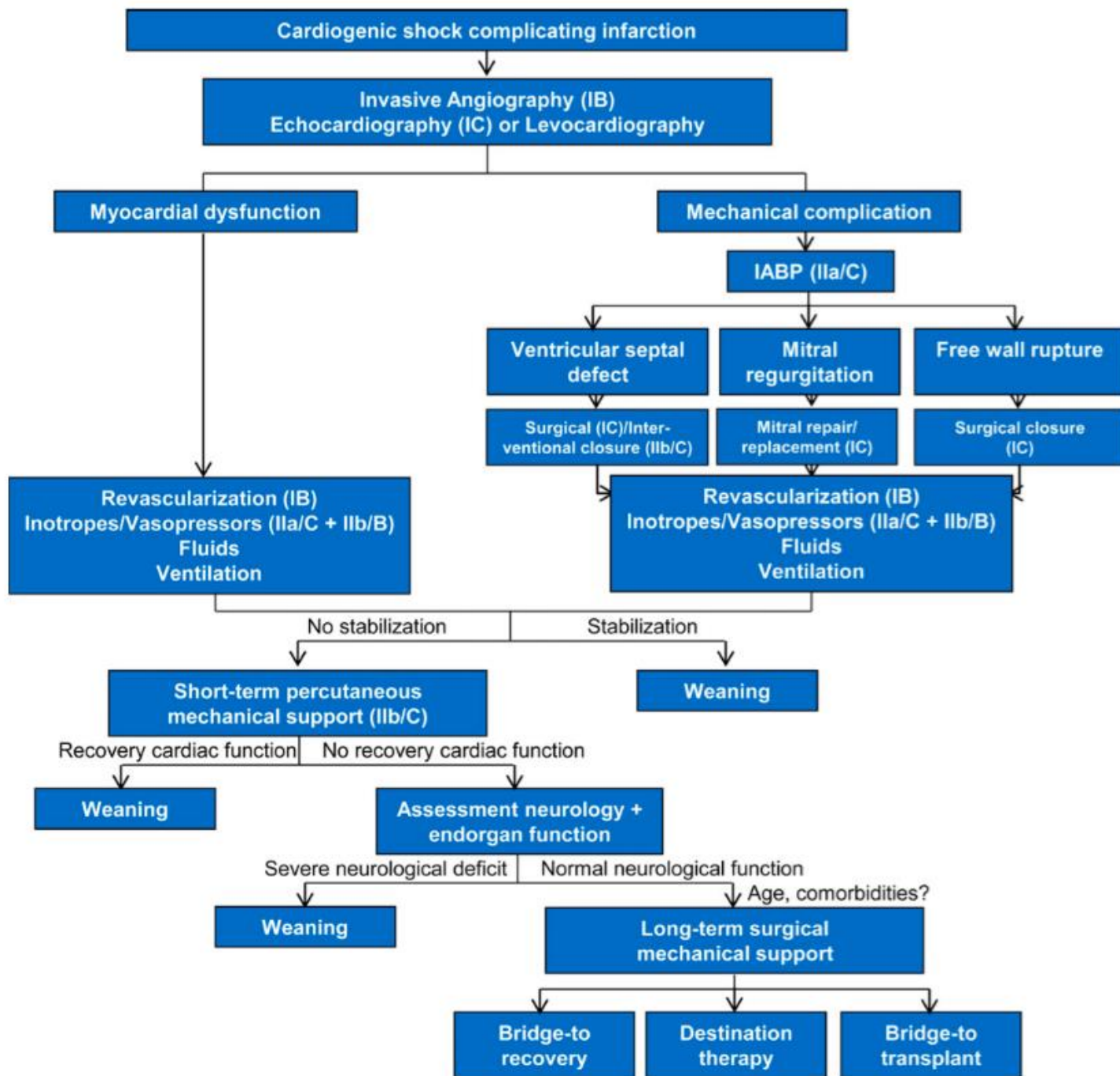
	iVAC 2L®	Tandem Heart™	Venoarterial ECLS	Heartmate PHP	ECLS (multiple systems)
Catheter size (F)	11 (expandable)	–		14	–
Cannula size (F)	17	21 venous 12–19 arte		13	17–21 venous 16–19 arterial
Flow (L/min)	Max. 2.8	Max. 4.0		>4.0 (Max. > 5.0)	Max. 7.0
Pump speed (rpm)	Pulsatile, 40 ml/beat	Max. 7500		Max. 20 500	Max. 5000
Insertion/Placement	Percutaneous (femoral artery)	Percutaneous (femoral artery + vein for left atrium)		Percutaneous (femoral artery)	Percutaneous (femoral artery + vein)
LV unloading	+	++		++	–
Anticoagulation	+	+		+	+
Recommended duration of use	–21 days	–4 days		6 hours	–7 days
CE-certification	+	+		+	+
FDA	–	+		–	+
Relative costs	++	+++++	++++	+(+)	

# TRACTAMENT – SUPORT MECÀNIC PERCUTANI



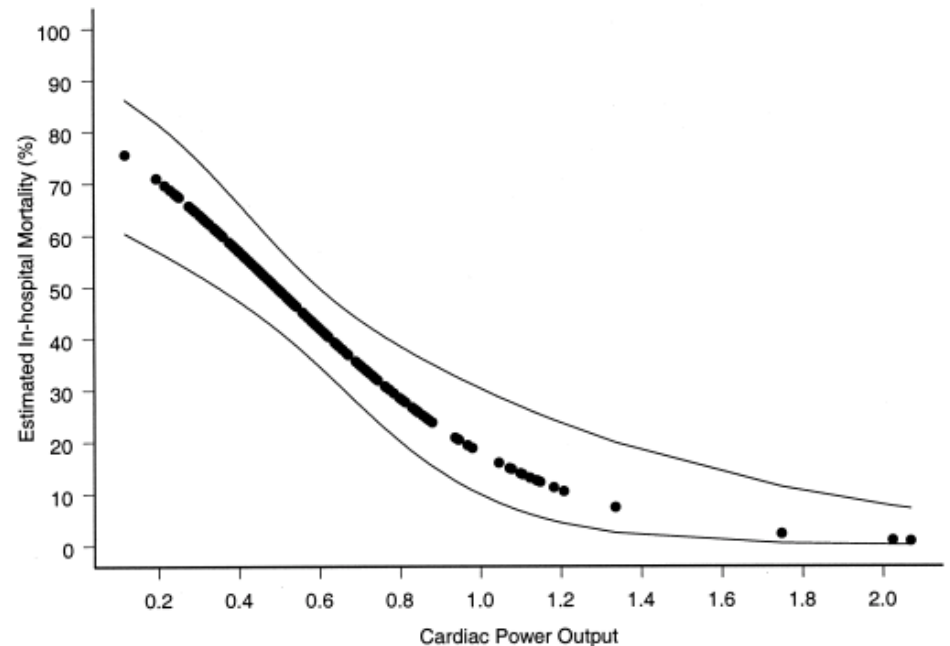
Thiele H, Zeymer U. Cardiogenic shock in patients with acute coronary syndromes. En Tubaro M, Vranckx P, Price S, Vrints C. The ESC Textbook of Intensive and Acute Cardiovascular Care. 2n Ed. Online





# FACTORS PRONÒSTICS I ESCALES DE RISC

- Era fibrinolitics: scores validats de risc de desenvolupament de xoc cardiogènic
- Era angioplàstia: predictors mortalitat
  - Cardiac power output ( $\leq 0'53$ )
  - Inici  $\rightarrow$  pas de guia
  - TIMI post ACTP
  - Glucèmia inicial
  - Lactat
  - Inflamació (IL6, procalcitonina)
  - Hb inicial



Fincke R et al. Cardiac power is the strongest hemodynamic correlate of mortality in cardiogenic shock: a report from the SHOCK trial registry. *J Am Coll Cardiol.* 2004; 44: 340–8



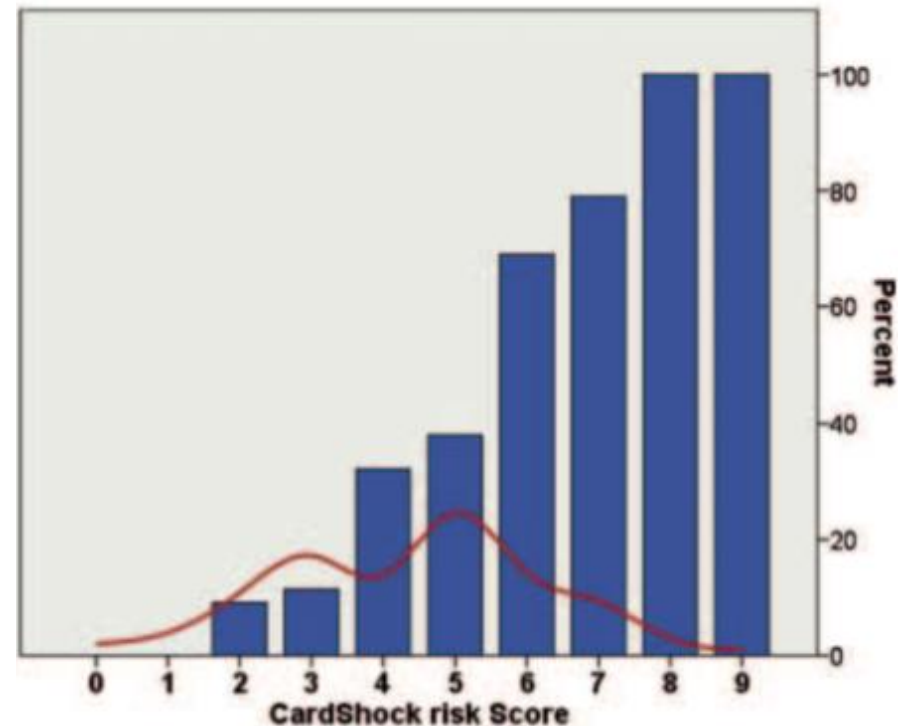
# FACTORS PRONÒSTICS I ESCALES DE RISC

- Escales de mortalitat en xoc cardiogènic:
  - CardShock risk score (2015): xoc cardiogènic

- Baix: 0-3
- Intermig: 4-5
- Alt: 6-9

**Table 4 The CardShock risk Score for risk prediction of in-hospital mortality in cardiogenic shock**

Variable	CardShock risk Score
Age >75 years	1
Confusion at presentation	1
Previous MI or CABG	1
ACS aetiology	1
LVEF <40%	1
Blood lactate	
<2 mmol/L	0
2–4 mmol/L	1
>4 mmol/L	2
eGFR <sub>CKD-EPI</sub>	
>60 mL/min/1.73 m <sup>2</sup>	0
30–60 mL/min/1.73 m <sup>2</sup>	1
<30 mL/min/1.73 m <sup>2</sup>	2
Maximum points	9

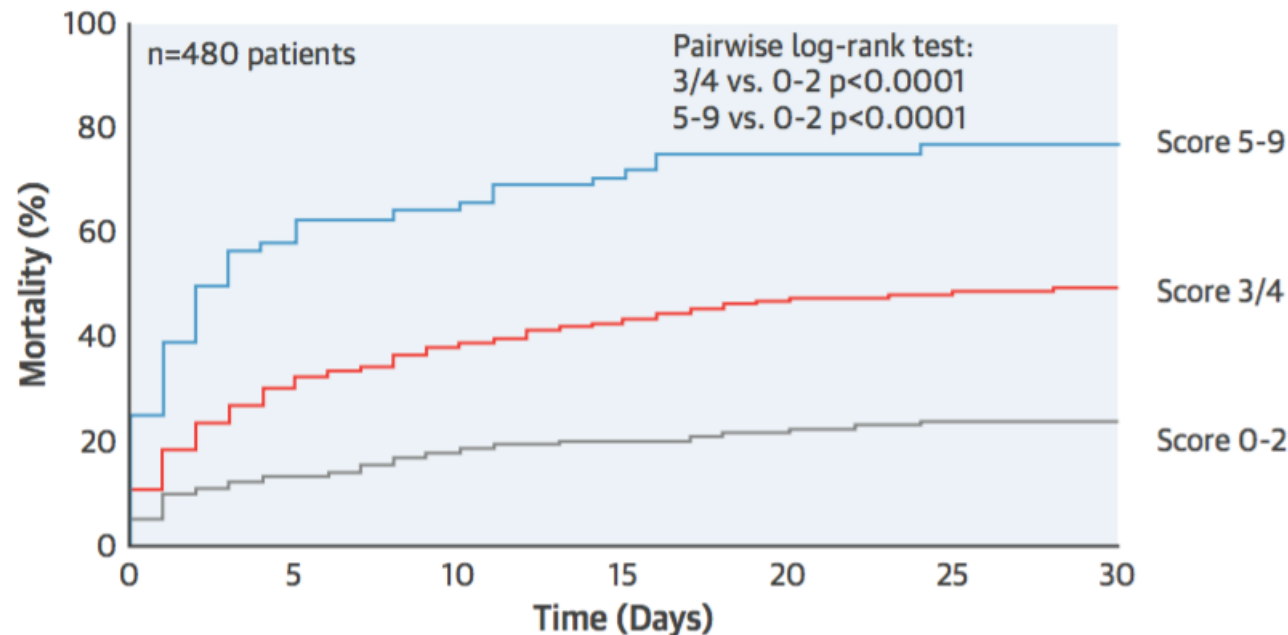


# FACTORS PRONÒSTICS I ESCALES DE RISC

- Escales de mortalitat en xoc cardiogènic:
  - IABP SHOCK II risk score (2017): xoc cardiogènic per IAM. Cohort validada

Risk categories	
Category	Points
Low	0-2
Intermediate	3/4
High	5-9

Score	
Variable	Points
Age >73 years	1
History of stroke	2
Glucose >10.6 mmol/l (191 mg/dl)*	1
Creatinine >132.6 μmol/l (1.5 mg/dl)*	1
Arterial lactate >5 mmol/l*	2
TIMI flow grade <3 after PCI	2
Maximum	9





# CONCLUSIONS

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- Patologia complexa
- IAM causa més freqüent
- Alta mortalitat
- Diferents patrons hemodinàmics
- Revascularització precoç
- Pocs estudis randomitzats, preguntes no resoltes
  - Monitorització
  - Tractament inotròpic
  - Tipus de revascularització
  - IABP
  - Assistències
  - Escales pronòstiques



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MOLTES GRÀCIES!!

