

**“Diagnóstico, identificación y selección de pacientes con shock cardiogénico susceptibles de tratamiento avanzado”**

Barcelona, 11 de diciembre 2015

Alessandro Sionis  
Unidad de Cuidados Intensivos Cardiológicos  
Hospital de la Santa Creu i Sant Pau  
Barcelona

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Potenciales conflictos de interés en relación con esta presentación:

- Conferencias: Cardioentis, Novartis, Orion-Pharma
- Ensayos clínicos: Cardioentis, Novartis, Orion-Pharma
- Becas: Novartis



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**¿De Que Estamos Hablando?**



- ▶ Disfunción miocárdica que resulta en la incapacidad del corazón para mantener un volumen latido adecuado a pesar de una precarga normal o elevada
- ▶ Hipotensión arterial persistente (> 30 min) (PAS < 90 mmHg) o necesidad de fármacos para mantener PAS > 90 mmHg
- ▶ Congestión pulmonar (crepitantes, R3, Rx tórax)
- ▶ Signos de hipoperfusión tisular con al menos uno de los siguientes:
  - Ⓜ Alteración del estado mental
  - Ⓜ Frialdad de extremidades
  - Ⓜ Oliguria (< 30 mL/h)
  - Ⓜ Lactato > 2 mmol/L

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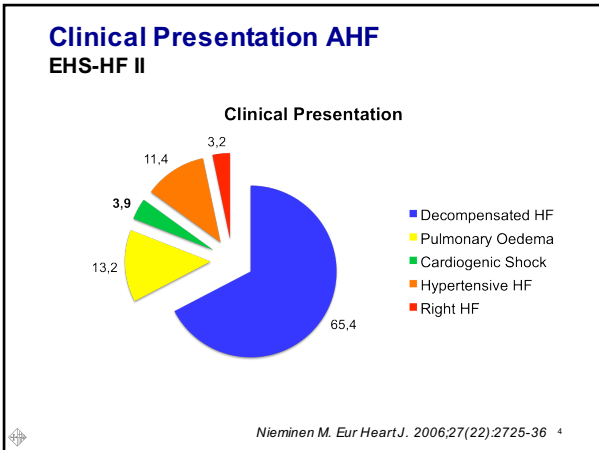
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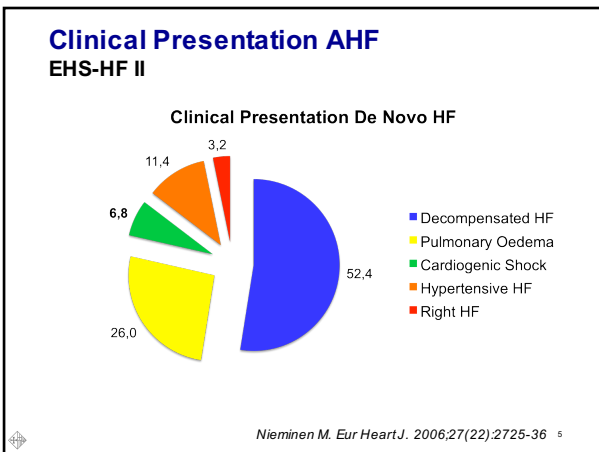
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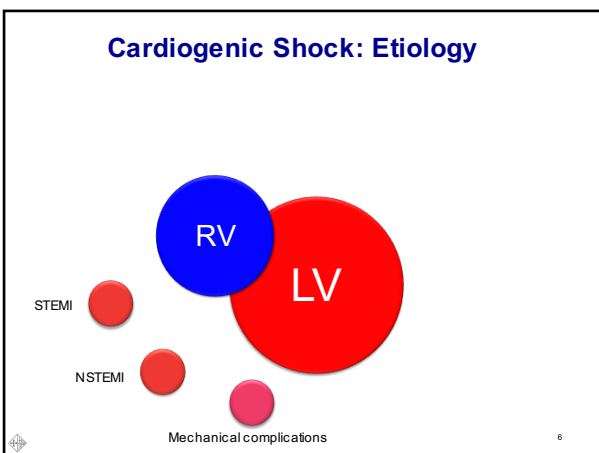
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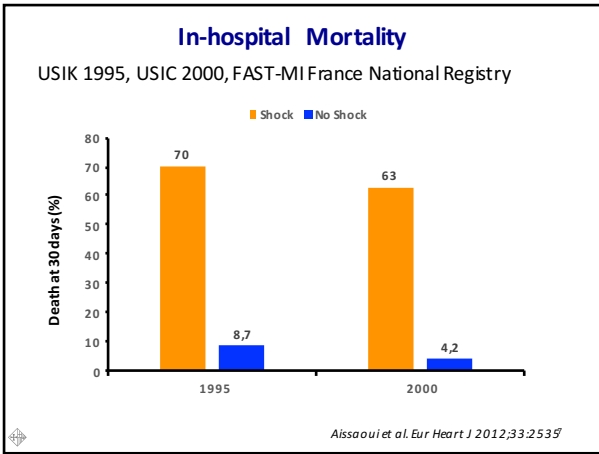
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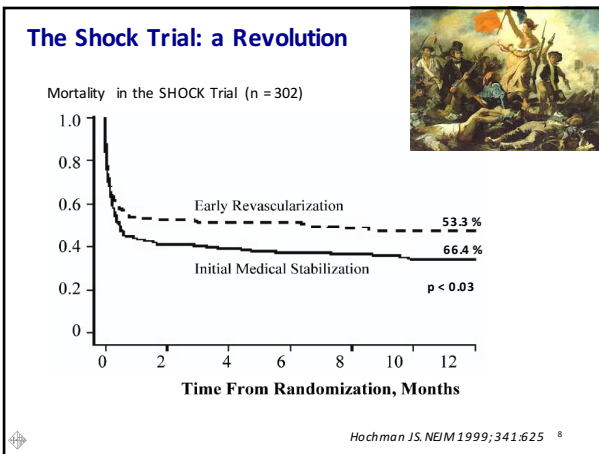
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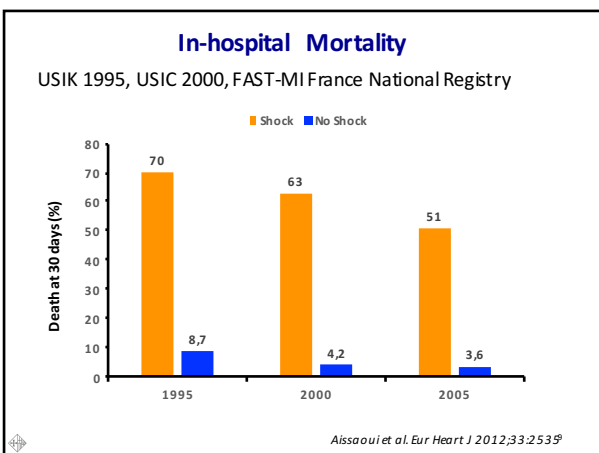
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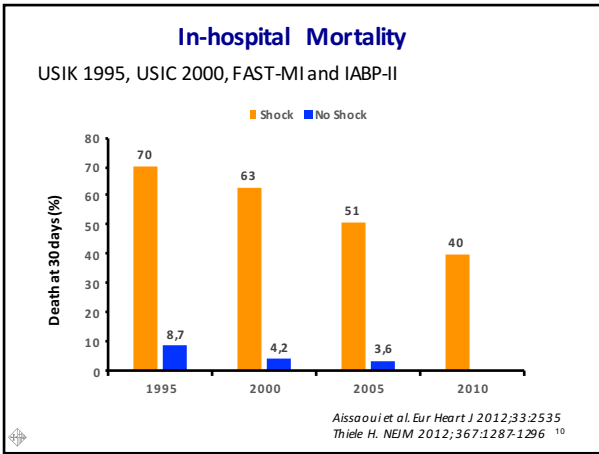
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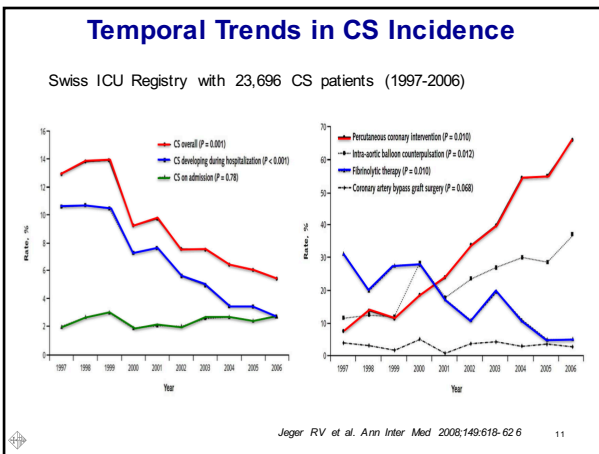
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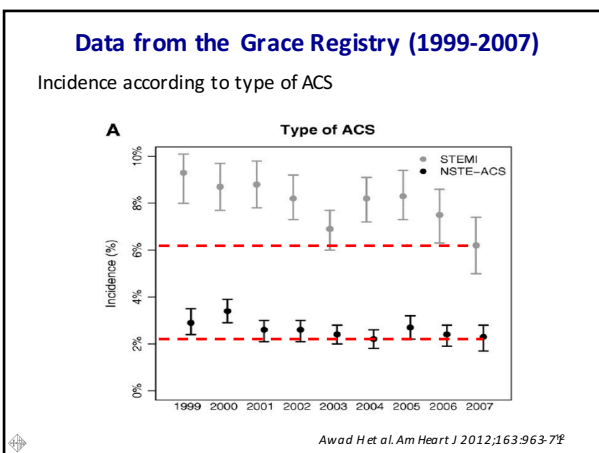
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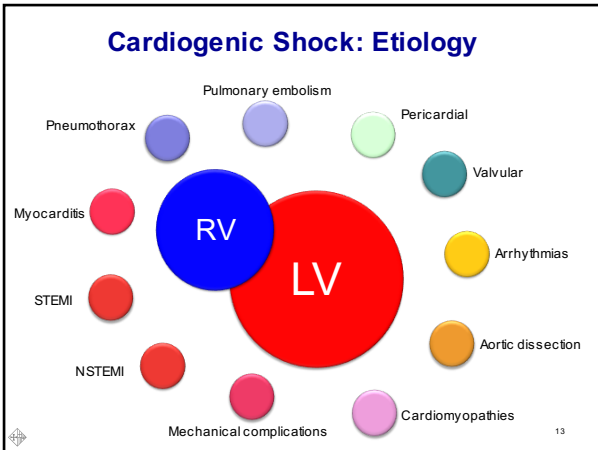
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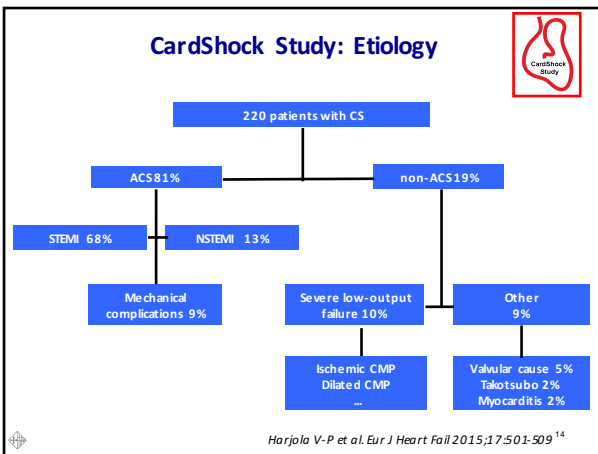
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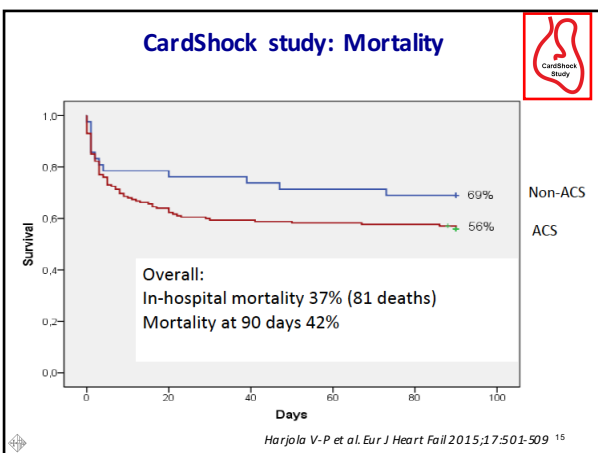
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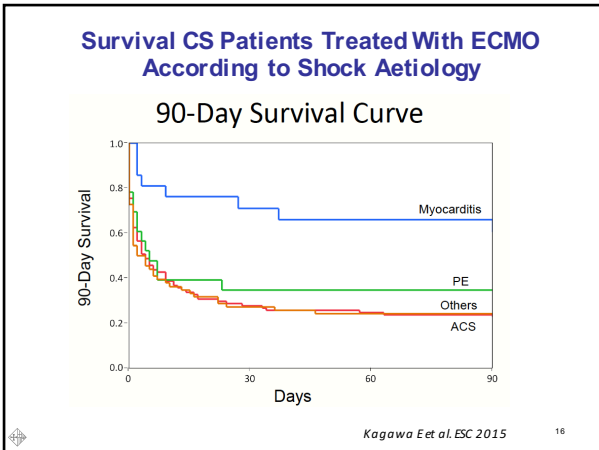
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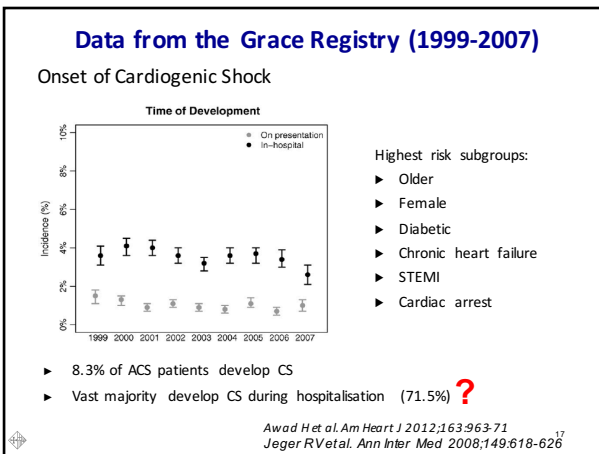
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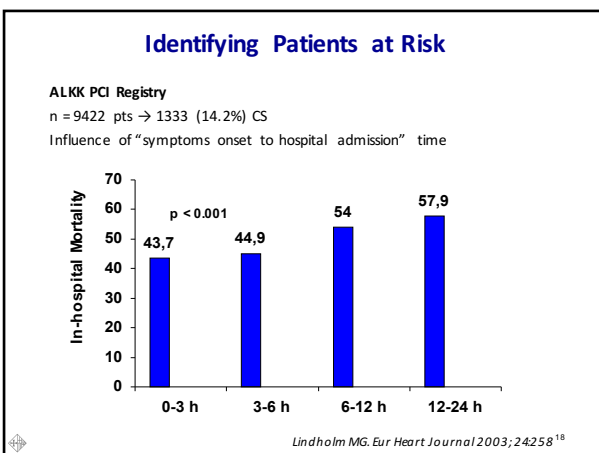
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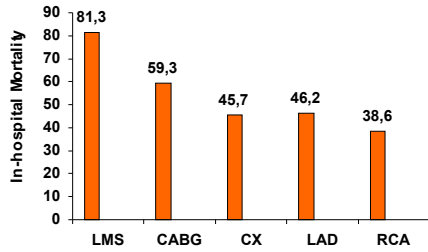
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### Identifying Patients at Risk

ALKK PCI Registry

n = 9422 pts → 1333 (14.2%) CS

In-hospital mortality related to culprit vessel



Lindhalm MG. Eur Heart Journal 2003; 24:258<sup>19</sup>

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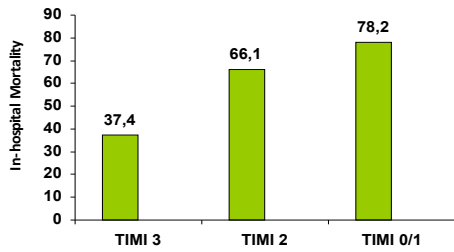
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### Identifying Patients at Risk

ALKK PCI Registry

n = 9422 pts → 1333 (14.2%) CS

Postprocedural TIMI flow grade and mortality



Lindhalm MG. Eur Heart Journal 2003; 24:258<sup>20</sup>

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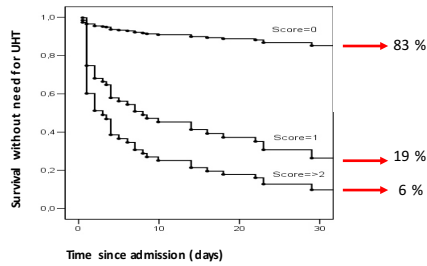
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### Identifying Patients at Risk

Age > 75, LMS disease, LVEF <30% and postprocedural TIMI flow grade <3  
1-y survival w/o urgent heart transplantation



Garcia A. Am J Cardiol 2009;103(8):1073<sup>21</sup>

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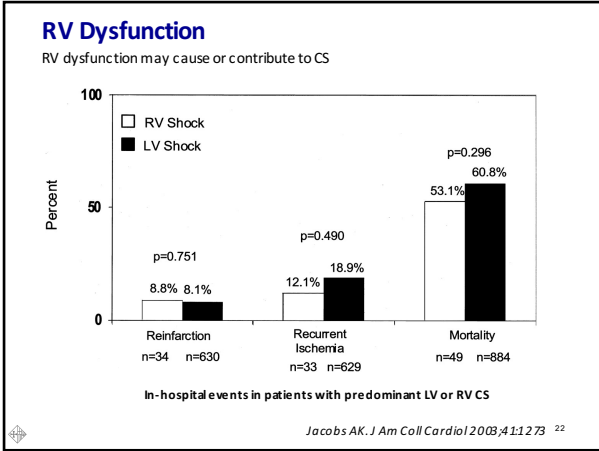
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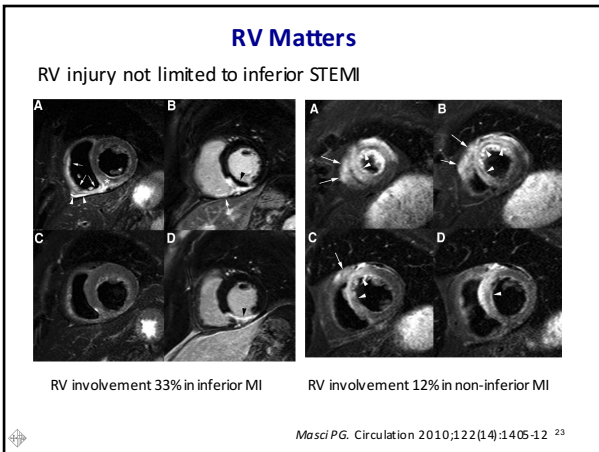
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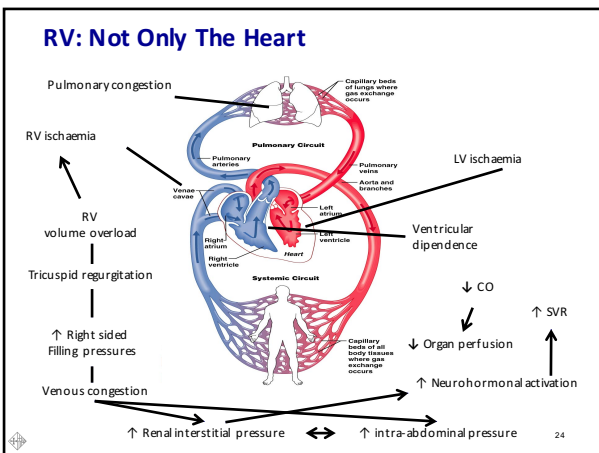
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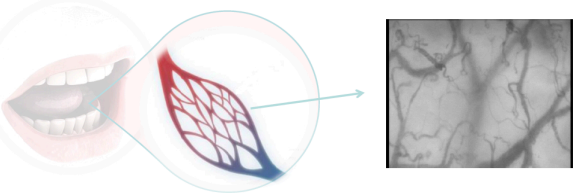
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### Microcirculation

Ultimate therapeutic goal in CS is to restore microcirculatory function (adequate oxygen supply to sustain cellular function)



Active recruitment of microcirculation is essential  
Orthogonal polarisation spectral (OPS) imaging allows direct visualization of sublingual microcirculation

*Ince C. Crit Care Med 1999;27:1369-1377* 25

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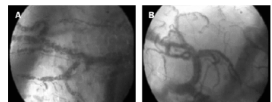
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### Microcirculation

Microcirculatory shutdown

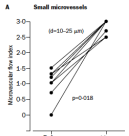
► Increased oxygen consumption and impaired oxygen delivery and extraction due to microcirculatory shutdown and shunting

Before and after nitroglycerin



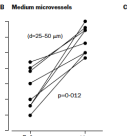
Orthogonal polarisation spectral imaging (OPS)

**A Small microvessels**  
(8-15-25 μm)



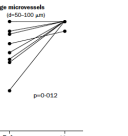
p=0.008

**B Medium microvessels**  
(15-25-50 μm)



p=0.052

**C Large microvessels**  
(40-100-150 μm)



p=0.012

During sepsis (and CS) microvasculature is the first to go and the last to recover

*Spronk PE Lancet 2001;360:1395-1396*<sup>28</sup>

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### Microcirculation



European Heart Journal (2010) 31, 3032–3039  
doi:10.1093/eurheartj/ehq324

**CLINICAL RESEARCH**  
Coronary heart disease

## Impaired microcirculation predicts poor outcome of patients with acute myocardial infarction complicated by cardiogenic shock

Corstiaan A. den Uil<sup>1\*</sup>, Wim K. Lagrand<sup>2</sup>, Martin van der Ent<sup>1</sup>,  
Lucia S.D. Jewbali<sup>1</sup>, Jin M. Cheng<sup>1</sup>, Peter E. Sponk<sup>3</sup>, and Maarten L. Simoons<sup>1</sup>

<sup>1</sup>Department of Cardiology, Thoraxcenter, Erasmus Medical Center, Room V-017, s-Gravendijkwal 230, Rotterdam NL-3015 CE, The Netherlands; <sup>2</sup>Department of Intensive Care Medicine, Academic Medical Center, Amsterdam, The Netherlands; and <sup>3</sup>Department of Intensive Care Medicine, Geïre Hospitals, Apeldoorn, The Netherlands

Received 8 April 2010; revised 2 July 2010; accepted 23 July 2010; online publication-ahead-of-print 9 September 2010

Sublingual perfused capillary density measured with sidestream dark-field imaging

*den Uil CA, Eur Heart Jour 2010;31:3032-3039* 27

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### Microcirculation

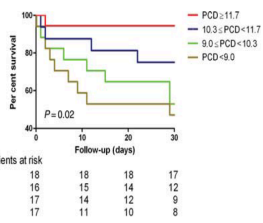
**Table 2** Baseline haemodynamic parameters

	All patients (n = 68)	PCD ≤ median* (n = 35)	PCD > median* (n = 33)	P-value
HR (b.p.m.)	93 (72–104)	92 (71–106)	93 (72–104)	0.80
MAP (mmHg)	69 (61–70)	66 (58–70)	70 (64–70)	0.07
CVP (mmHg)	15 (12–18)	16 (12–19)	14 (13–16)	0.23
PCWP (mmHg) <sup>†</sup>	21 (16–24)	23 (18–25)	18 (14–22)	0.04
MPAP (mmHg) <sup>‡</sup>	28 (24–34)	30 (24–37)	27 (24–30)	0.18
CI (L min <sup>-1</sup> m <sup>-2</sup> )	2.5 (2.1–2.9)	2.4 (1.8–2.9)	2.7 (2.1–2.9)	0.44
CPI (W m <sup>-2</sup> )	0.35 (0.26–0.42)	0.33 (0.24–0.39)	0.38 (0.30–0.42)	0.11
SVR (dynes s cm <sup>-5</sup> )	1075 (825–1242)	1075 (798–1237)	1052 (850–1256)	0.79
SiO <sub>2</sub> (%)	66 (61–73)	65 (60–70)	68 (62–75)	0.12
Lactate (mmol L <sup>-1</sup> )	2.8 (2.0–4.3)	2.9 (1.8–4.5)	2.8 (2.2–4.8)	0.58

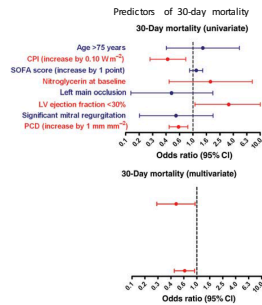
HR, heart rate; NS, non-significant; MAP, mean arterial pressure; CVP, central venous pressure; PCWP, pulmonary capillary wedge pressure; MPAP, mean pulmonary artery pressure; CI, cardiac index; CPI, cardiac power index; SVR, systemic vascular resistance; SiO<sub>2</sub>, central-venous oxygen saturation.  
<sup>†</sup>Median PCD = 10.3 mm mm<sup>-2</sup>.  
<sup>‡</sup>Data available in 48 (71%) of the patients.

den Uil CA, Eur Heart Jour 2010;31:3032-3039 28

### Microcirculation



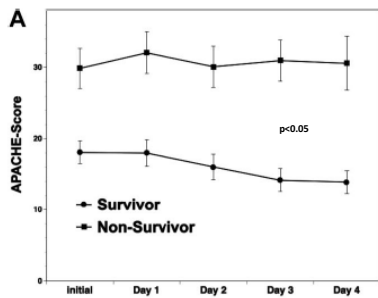
Survival stratified according to quartile of baseline sublingual PCD



den Uil CA, Eur Heart Jour 2010;31:3032-3039 29

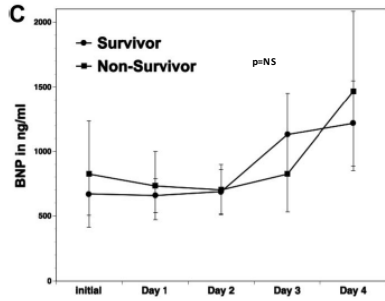
### IABP Shock Trial

#### APACHE II Score and Mortality



Prondzinsky R et al. Crit Care Med 2010;38:152-160 30

**IABP Shock Trial**  
BNP and Mortality



Prondzinsky R et al. Crit Care Med 2010;38:152-160

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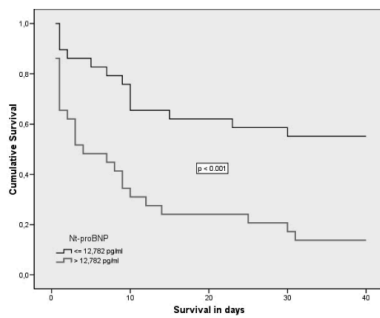
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**Biomarkers: Natriuretic Peptides**

Survival according to NT-proBNP



Jarai R. et al. Crit Care Med 2009;37:1837-32

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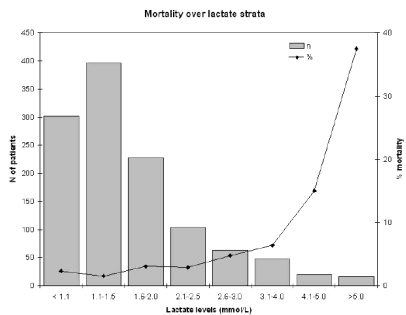
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**Biomarkers: Lactate**

Admission lactate and 30-day mortality (1997-2007)



Vermeulen et al. Critical Care 2010;14:R164-33

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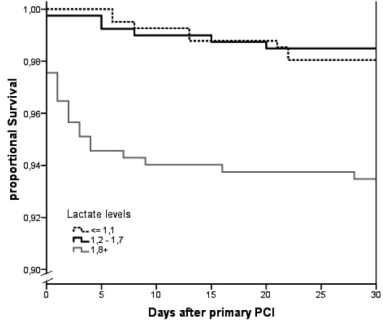
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**Biomarkers: Lactate**

30-day survival after PCI according to lactate levels (>1,8 mmol/L)



Vermeulen et al. Critical Care 2010;14:R164 34

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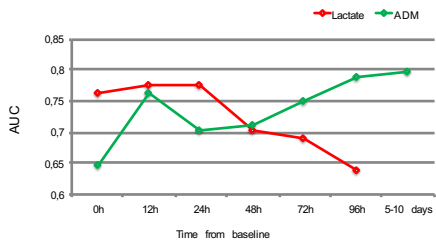
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**Biomarkers: Adrenomedullin**

AUC for 90-day mortality for lactate and ADM



Toippanen H, Rivas-Lasarte M et al. Unpublished data 35

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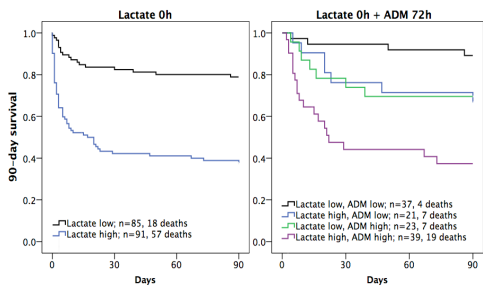
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**Biomarkers: Adrenomedullin**

90-day survival curves for lactate and ADM



Toippanen H, Rivas-Lasarte M et al. Unpublished data 36

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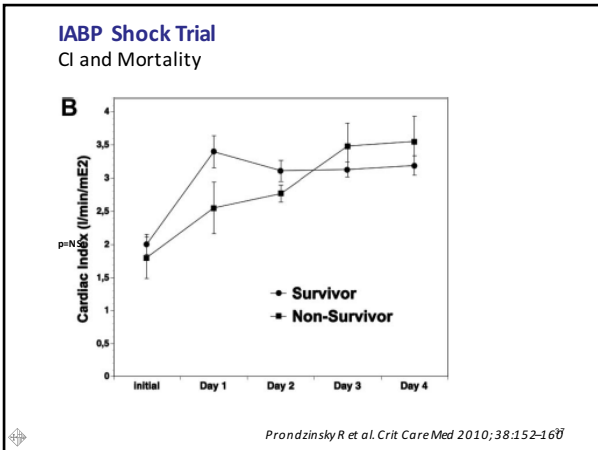
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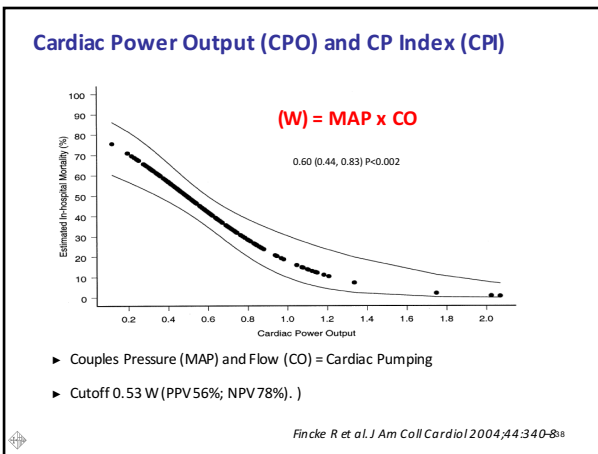
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### Predictors of In-Hospital Mortality



Variable*	Adjusted OR (95% CI)	p-value	Variable	CardShock risk score
Age (per year)	1.04 (0.99-1.08)	0.09	Age > 75 years	1
Confusion at presentation	3.3 (1.2-9.0)	0.02	Confusion	1
Previous MI	3.2 (1.3-8.4)	0.02	Previous MI or CABG	1
Previous CABG	12.5 (2.0-77.4)	0.007	ACS etiology	1
ACS etiology	7.8 (1.9-32.6)	0.005	LVEF <40%	1
LVEF (per % decrease)	1.06 (1.02-1.09)	0.001	B- Lactate < 2 mmol/L	0
Blood lactate (per mmol/L)	1.4 (1.2-1.6)	<0.001	2-4 mmol/L	1
Systolic BP (per mmHg decr.)	1.03 (0.99-1.06)	0.11	> 4 mmol/L	2
			eGFR >60 ml/min	0
			30-60 ml/min	1
			<30 ml/min	2
			Maximum points	9

\*Model also included variable adjusting for gender and center

Harjola V-P et al. Eur J Heart Fail 2015;17:501-509 39

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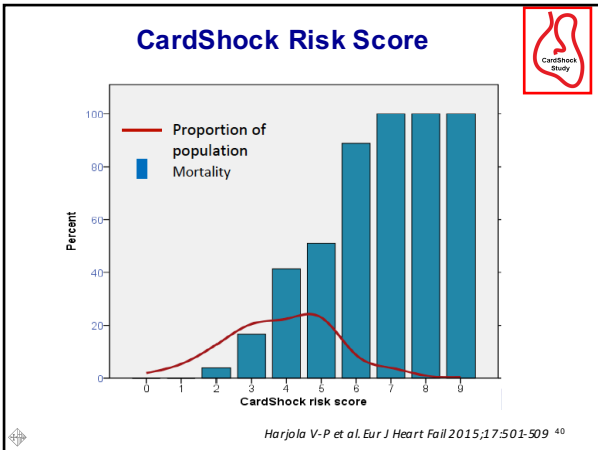
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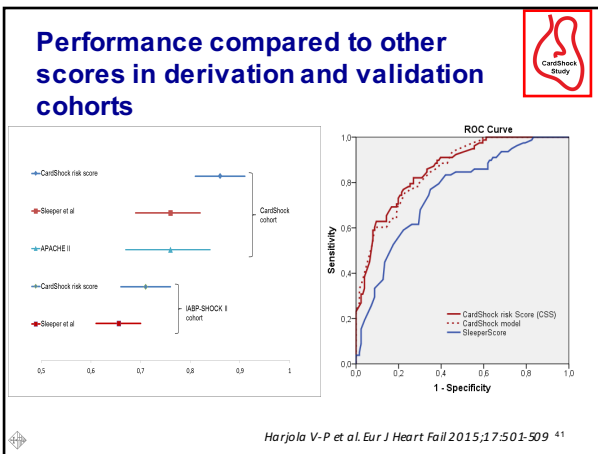
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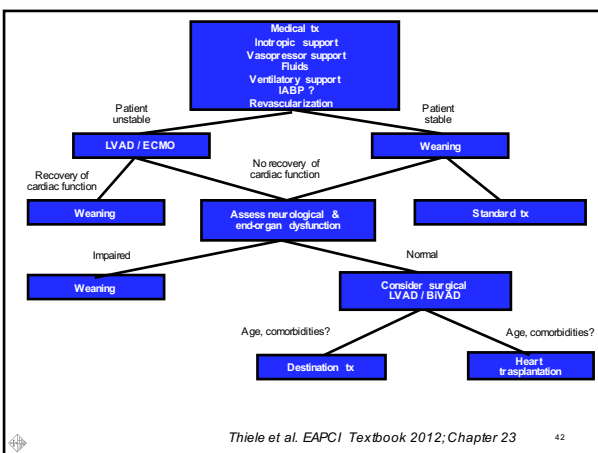
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### Gaps In Knowledge



- ▶ Definition of pre-shock
- ▶ Definition of refractory shock
- ▶ Best approach to MVD (CVLP/PRIT-SHOCK ongoing)
- ▶ Myocardial protection strategies
- ▶ New biomarkers for early diagnosis of end-organ damage and risk stratification
- ▶ New pharmacological therapies
- ▶ Treatment of SIRS
- ▶ Equipoise in access to best treatment

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### Equipoise in Access to Treatment in CS

VIEWPOINT

#### Call for Organized Statewide Networks for Management of Acute Myocardial Infarction-Related Cardiogenic Shock

**Issuing:**  
 Richard A. Hsia, MD  
 Division of Cardiac Surgery, University of Rochester Medical Center, Rochester, New York

**MS:**  
 Division of Cardiac Surgery, University of Rochester Medical Center, Rochester, New York

**H. Todd Messing, MD:**  
 Division of Cardiac Surgery, University of Rochester Medical Center, Rochester, New York

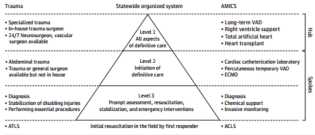
The current state of acute cardiogenic shock management very much resembles trauma management that existed prior to the development of Advanced Trauma Life Support. Organization of the trauma system evolved after the 1976 plane crash of James Stynes, MD. By adopting many of the educational concepts from the Advanced Cardiac Life Support protocol, a similar systemized approach was developed for treating trauma patients.<sup>1</sup> In particular, the time immediately following the inciting event would have had the highest likelihood of prevention of death with appropriate intervention—a concept that became known as the “golden hour.”<sup>2</sup>

Acute myocardial infarction with cardiogenic shock (AMICS) in the current era is still associated with nearly 50% mortality,<sup>3</sup> despite advances in its revascularization. While modern advances in mechanical circulatory support (MCS) have greatly improved the survival of patients with chronic heart failure,<sup>4</sup> its application in AMICS is based on empiric data from individual and institutional experiences in a hospital-based manner. The majority of clinical trials concerning the newer technology have been designed for patients with chronic heart failure, not the AMI population.

The health care professional can follow. As the concept of “golden hour” dictates, one must recognize reversible causes that can be fixed, and intervene. When patient need exceeds local resources, only essential procedures should be performed followed by transfer to the closest, appropriate facility for definitive care.

Based on these concepts, we define 3 levels of AMICS care within a statewide hub-and-spoke network.<sup>5</sup>

**Figure. Proposed Statewide Organization of Acute Myocardial Infarction With Cardiogenic Shock (AMICS) Management Similar to Trauma Center Paradigm**



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### ¡Necesitamos Un Consenso Sobre Redes de Atención al Shock Cardiogénico!

CURRENT OPINION

**Recommendations on pre-hospital and early hospital management of acute heart failure: a consensus paper from the Heart Failure Association of the European Society of Cardiology, the European Society of Emergency Medicine and the Society of Academic Emergency Medicine – short version**

**Management of aortic dissection in acute coronary syndrome and/or underlying percutaneous coronary or valve interventions: a joint consensus document of the European Society of Cardiology Working Group on Thrombosis, European Heart Rhythm Association (EHRA), European Association of Percutaneous Cardiovascular Interventions (EAPCI) and European Association of Acute Cardiac Care (EACC) endorsed by the Heart Rhythm Society (HRS) and Asia-Pacific Heart Rhythm Society (APHRS)**

**Invasive coronary treatment strategies for out-of-hospital cardiac arrest: a consensus statement from the European Association for Percutaneous Cardiovascular Interventions (EAPCI)/Stent for Life (SFL) groups**

**Standardized Bleeding Definitions for Cardiovascular Clinical Trials**  
 A Consensus Report From the Bleeding Academic Research Consortium

**Updated standardized endpoint definitions for transcatheter aortic valve implantation: The Valve Academic Research Consortium-2 consensus document**



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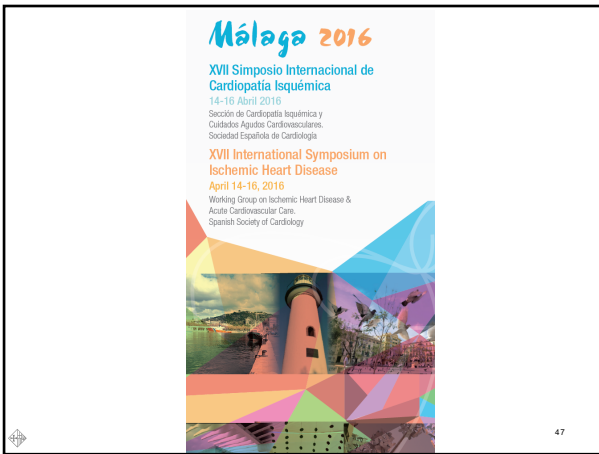
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